

# **Reducing Cardiovascular Risk with PCSK9 Inhibitors: Addressing Challenges and Improving Outcomes**

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## **Pam Taub, MD: Disclosures**

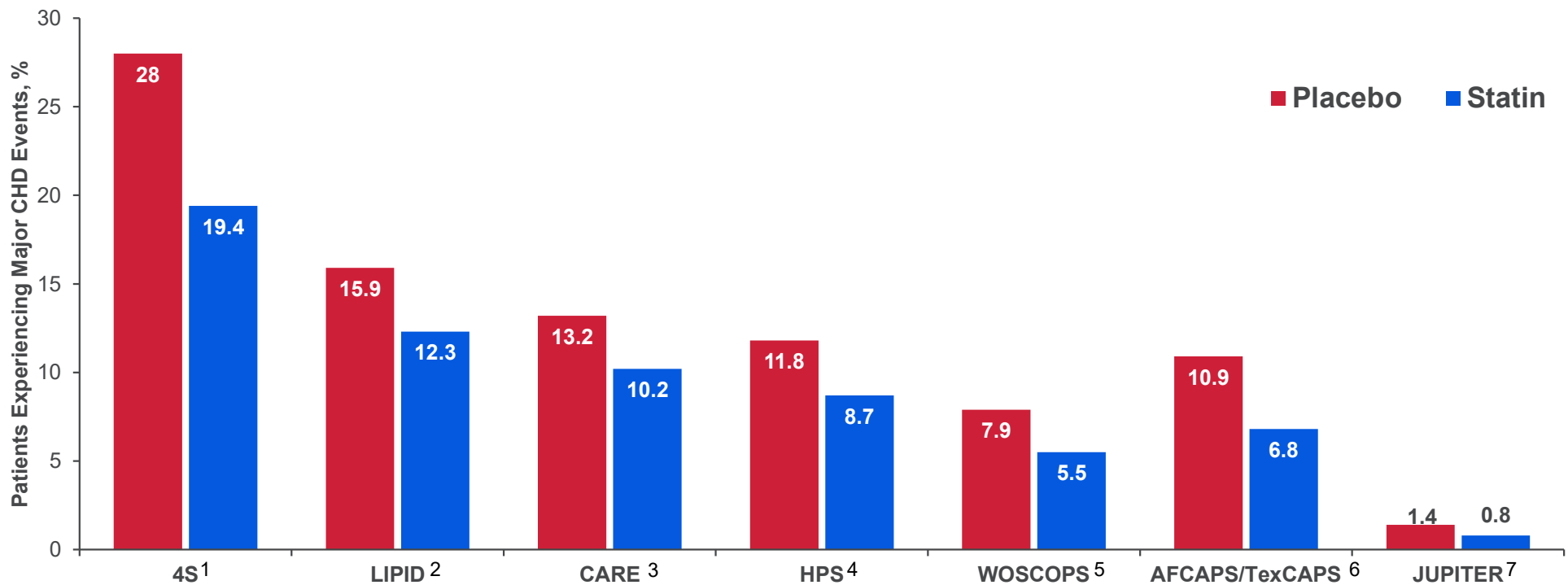
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  - Department of Homeland Security Grant (PI: Taub PR)
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## **Marc Sabatine, MD, MPH: Disclosures**

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  - Amgen; Anthos Therapeutics; AstraZeneca; Beren Therapeutics; Fibrogen; Merck; Moderna; Novo Nordisk; Silence Therapeutics

# Residual CVD Risk in Patients on Statin Therapy

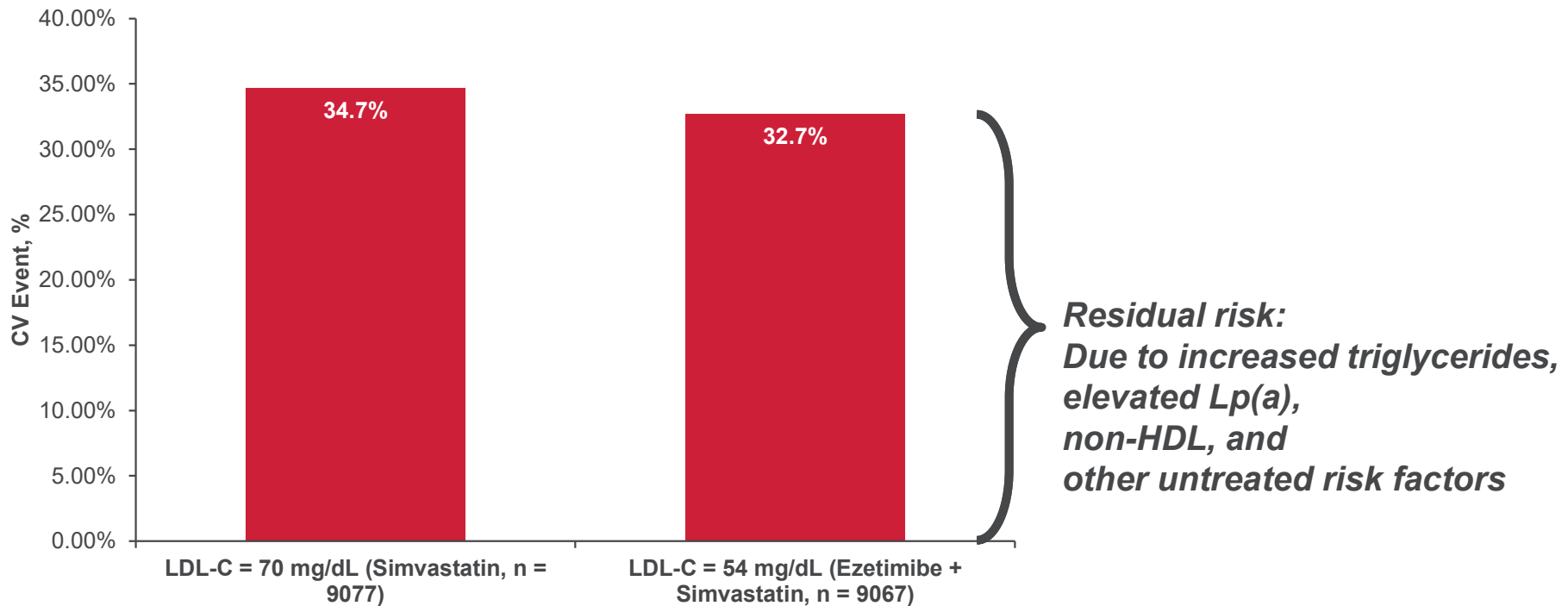
- Despite reduction in ASCVD risk with statin monotherapy, substantial CV risk remains
- This residual CV risk is likely due to suboptimal control of both other risk factors (such as hypertension, diabetes, or smoking) and other lipids (such as triglycerides)



1. 4S Group. *Lancet*. 1994;344:1383-1389. 2. LIPID Study Group. *N Engl J Med*. 1998;339:1349-1357. 3. Sacks FM, et al. *N Engl J Med*. 1996;335:1001-1009. 4. HPS Collaborative Group. *Lancet*. 2002;360:7-22. 5. Shepherd J, et al. *N Engl J Med*. 1995;333:1301-1307. 6. Downs JR, et al. *JAMA*. 1998;279:1615-1622. 7. Ridker PM, et al. *N Engl J Med*. 2008;359:2195-2207.

# Residual CVD Risk With Aggressive LDL-C Lowering: IMPROVE-IT Study

- Significant residual risk remains untreated in patients with aggressive LDL-C lowering therapy treatment

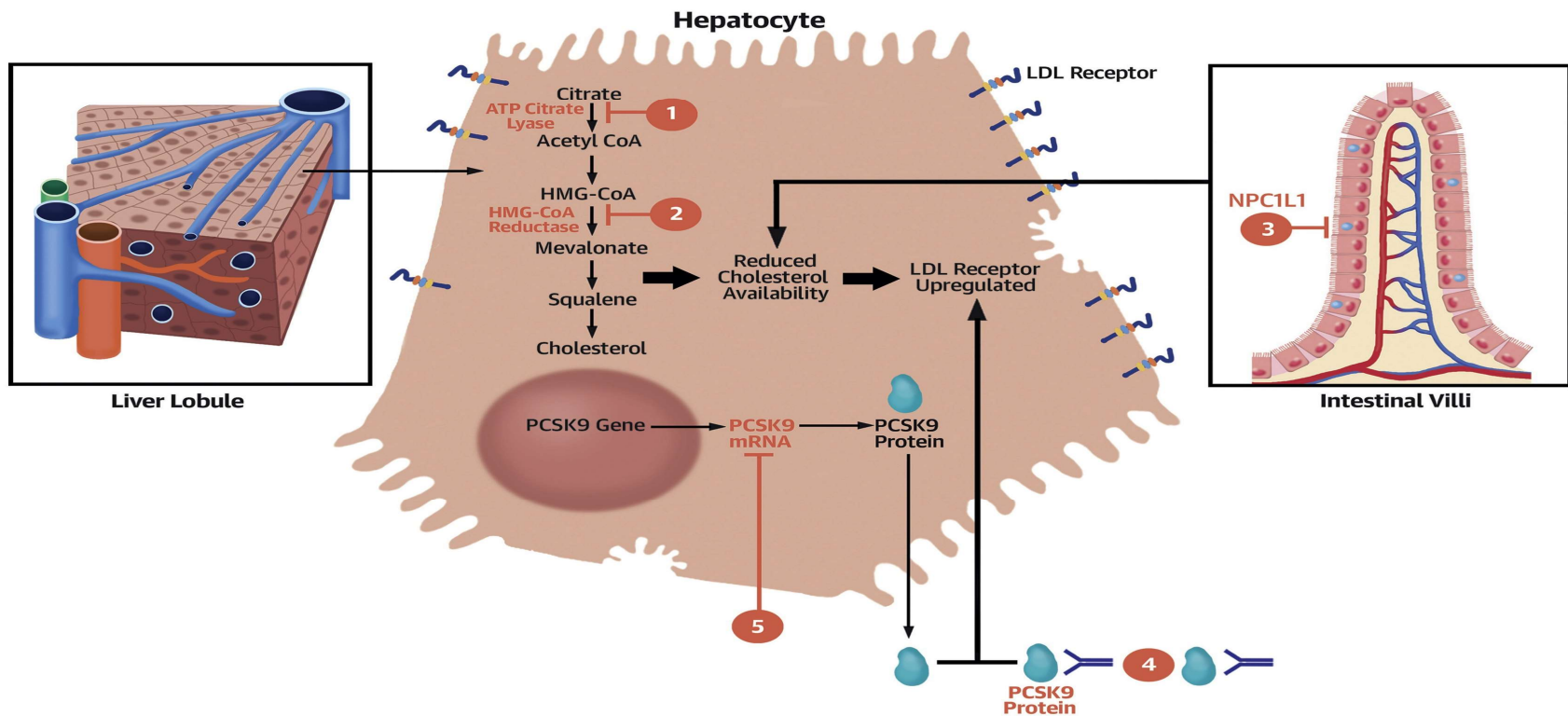


Abbreviations: CV, cardiovascular; CVD, cardiovascular disease; HDL, high-density lipoprotein; LDL-C, low-density lipoprotein cholesterol; Lp(a), lipoprotein A.

Cannon CP, et al. *N Engl J Med.* 2015;372:2387-2397.

# Review of Mechanism of Action of Non-Statin Agents

**CENTRAL ILLUSTRATION:** Schematic Diagram of the Mechanisms of Action of Statins, PCSK9 Inhibitors, PCSK9 Synthesis Inhibitors, and Bempedoic Acid

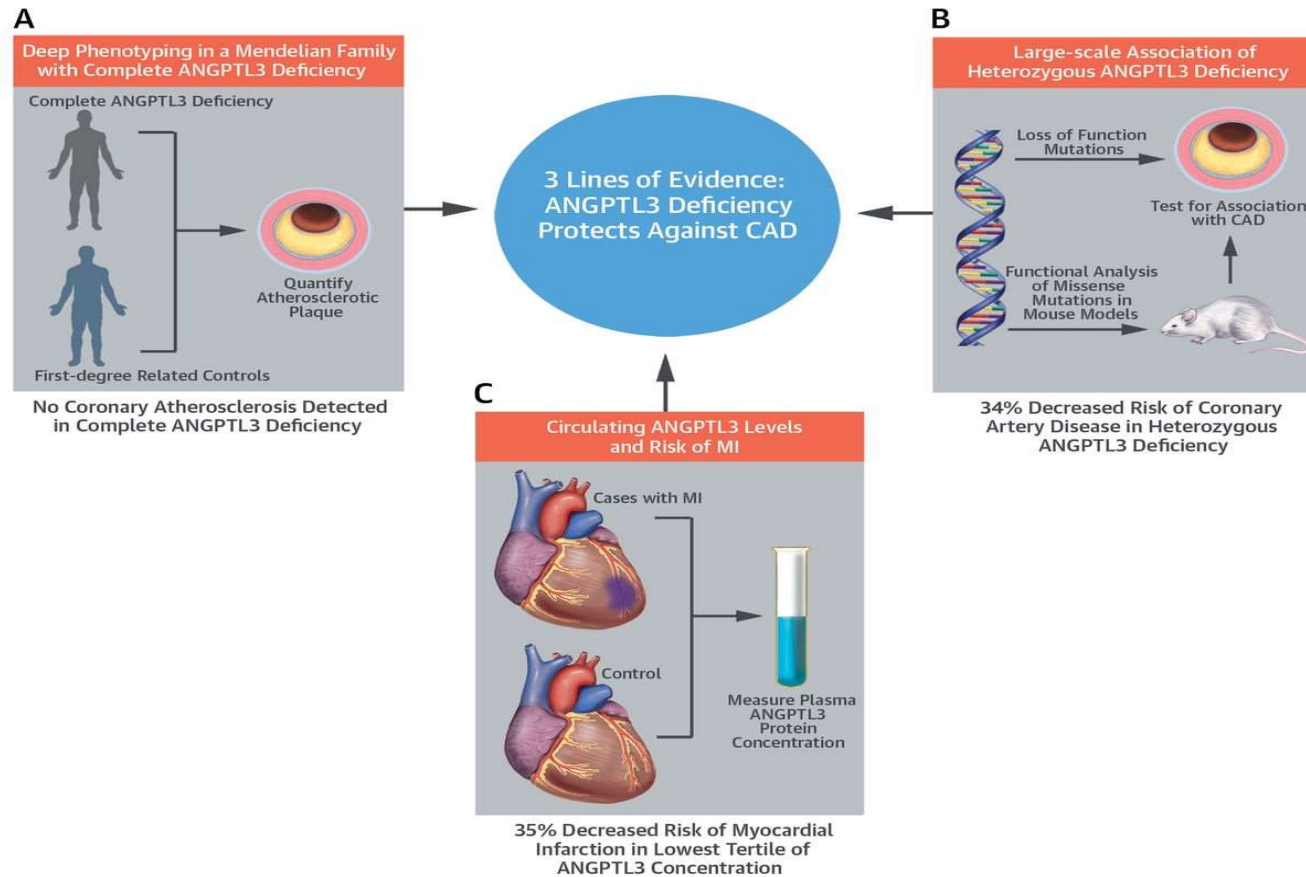


Preiss, D. et al. J Am Coll Cardiol. 2020;75(16):1945-55.

## Comparison of Current Lipid Lowering Agents

	Statin	Ezetimibe	PCSK9 Inhibitor (evolocumab alirocumab)	Bempedoic Acid	Bempedoic Acid + Ezetimibe	PCSK9 small interfering RNA (inclisiran)	ANGPTL3 Inhibitor (evinacumab)
LDL-C Lowering <small>*for non-statin agents LDL lowering is on top of maximally tolerated statin therapy</small>	25-55%	10-18%	50-60%	15-25%	35%	50%	47%
HsCRP Lowering	40%	No change	No change	40%	30%	No change	Data Pending
Triglyceride Lowering	7-30%	7%	10-15%	No change	7%	7-12%	57%
Dosing	Oral	Oral	Injectable	Oral	Oral	Injectable	Injectable
Outcome Study	Positive	Positive	Positive	Pending	Pending	Pending	Pending

## CENTRAL ILLUSTRATION: ANGPTL3 Deficiency and Protection From Coronary Artery Disease



Stitzel, N.O. et al. *J Am Coll Cardiol.* 2017;69(16):2054-63.

A genotype-guided callback study of human “knockouts” for ANGPTL3, which used detailed atherosclerotic phenotyping, demonstrated an absence of coronary atherosclerotic plaque in individuals with complete ANGPTL3 deficiency. (B) Genomic analysis of ANGPTL3 loss-of-function variants, including missense variants that were experimentally found to disrupt ANGPTL3 function, found in up to 180,180 individuals showed a 34% reduction in risk of CAD among loss-of-function variant carriers. (C) Circulating ANGPTL3 protein concentrations were lower in healthy control subjects than in those presenting with a myocardial infarction.



Phase 3 trial in which 65 patients with Homozygous Familial Hypercholesterolemia were randomly assigned to receive an intravenous infusion of evinacumab every 4 weeks or placebo.

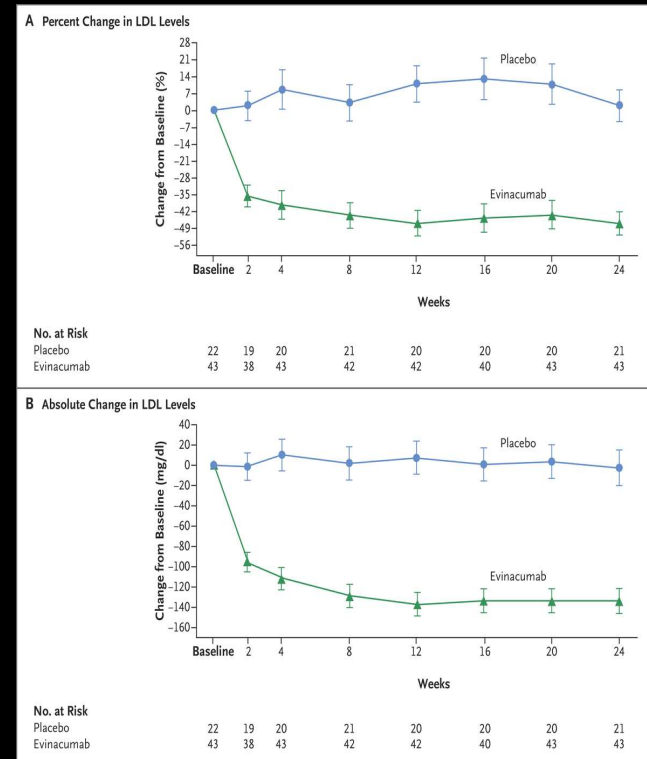
Evinacumab group had a relative reduction from baseline in the LDL cholesterol level of 47.1%, as compared with an increase of 1.9% in the placebo group.

Trial patients had good background therapy:

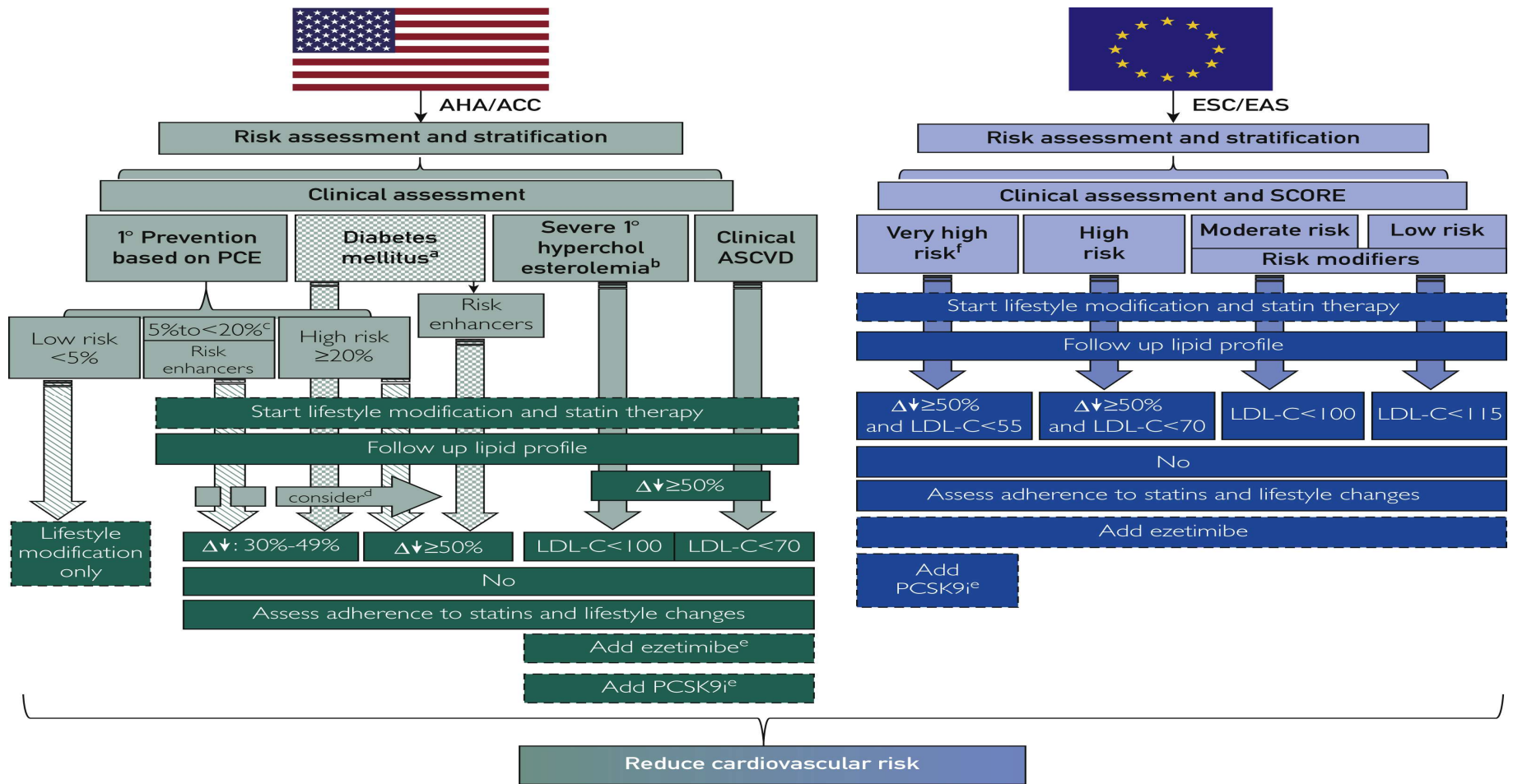
- 94% on statin
  - 77% on high-intensity statin
  - 77% on PCSK9 inhibitor
  - 75% on ezetimibe
  - 25% on lomitapide
  - 34% on apheresis
- 
- Recently FDA approved for homozygous familial hypercholesterolemia in February 2021

Raal FJ, et al. *N Engl J Med.* 2020;383:711-720.

## Changes from Baseline in Low-Density Lipoprotein (LDL) Cholesterol Levels at 24 Weeks.



Least-squares mean percent change (Panel A) and absolute change (Panel B) in calculated LDL cholesterol levels from baseline to week 24 in the evinacumab group and the placebo group.



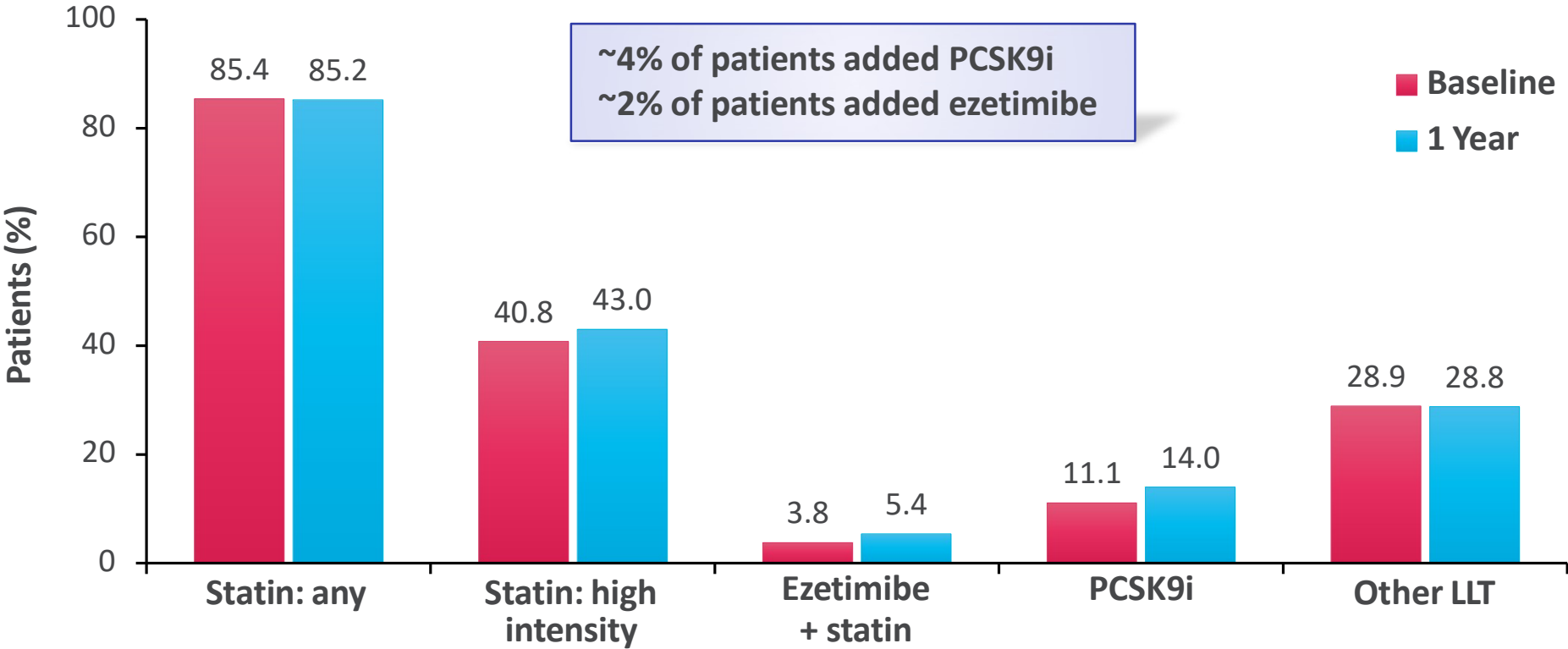
## GOULD Registry: High-Risk Patients with ASCVD

- GOULD is a multicenter observational registry that describes LLT patterns among patients with clinical ASCVD and LDL-C  $\geq$  70 mg/dL (or taking a PCSK9i) in the United States
- 5006 patients enrolled into 3 cohorts:
  - Cohort 1: Patients taking PCSK9i at baseline
  - Cohort 2: Patients with LDL-C  $\geq$  100 mg/dL
  - Cohort 3: Patients with LDL-C 70–99 mg/dL
- Enrolled patients underwent a 1-year retrospective chart review and baseline interactive phone survey, followed by chart reviews and surveys every 6 months for 2 years
- Patients were enrolled from December 2016 through July 2018

LLT, lipid-lowering therapy; PCSK9i, proprotein convertase subtilisin/kexin type 9 inhibitor

Cannon CP, et al. *Am Heart J.* 2020;219:70-77.

# GOULD: At 1 Year, Only 43% of Patients Were on High-Intensity Statin

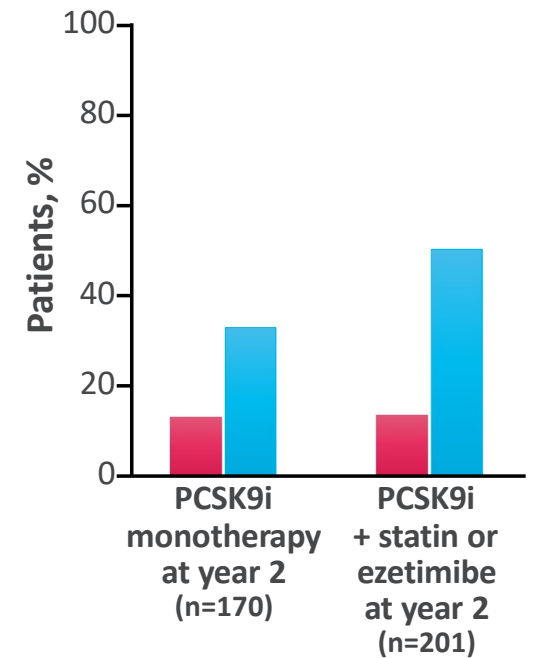
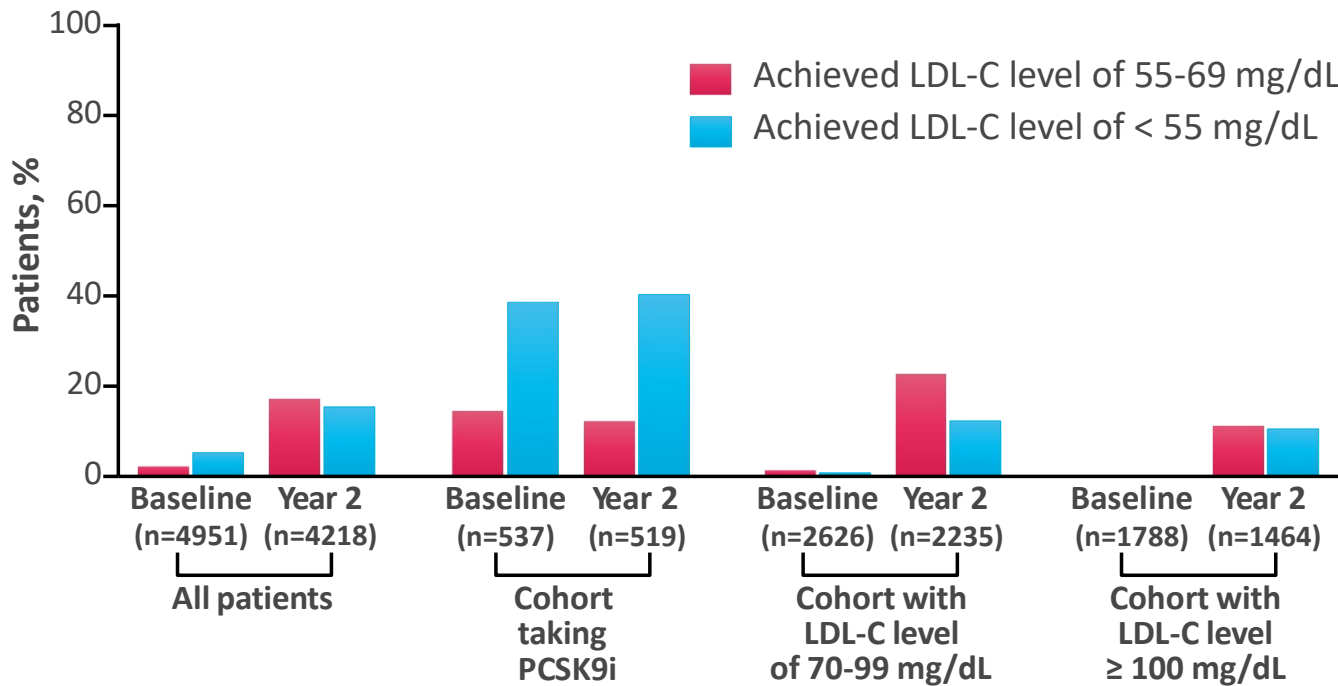


Cannon CP et al. *JAMA Cardiol.* 2021;6(9):1060-1068

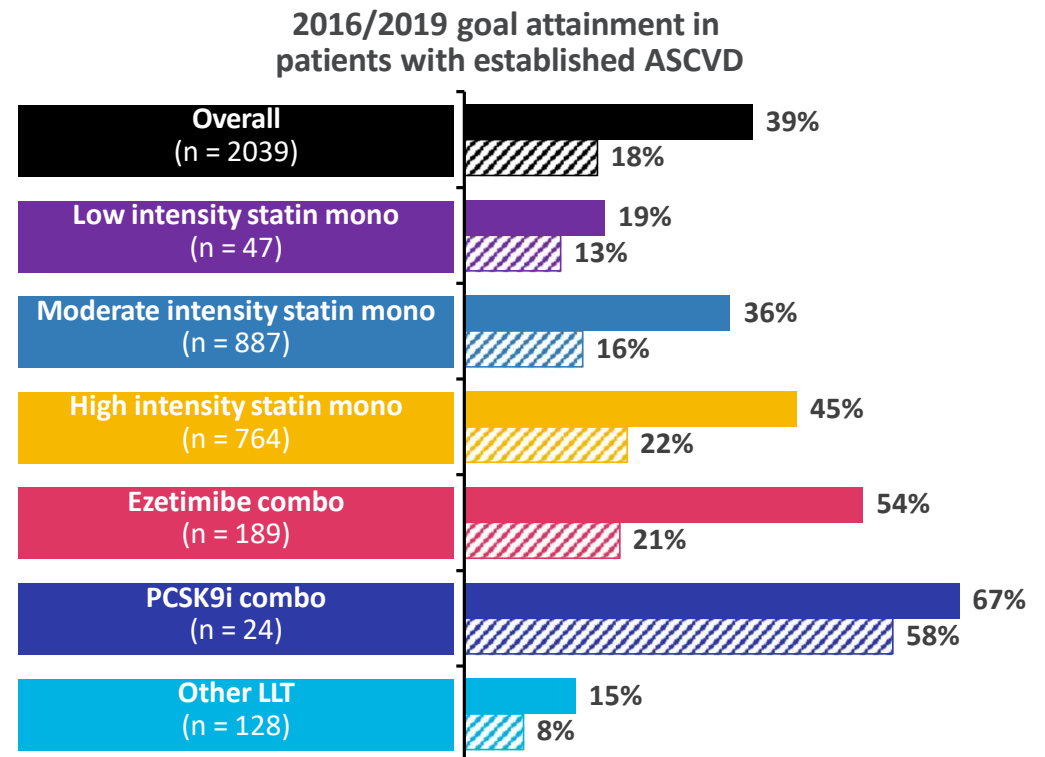
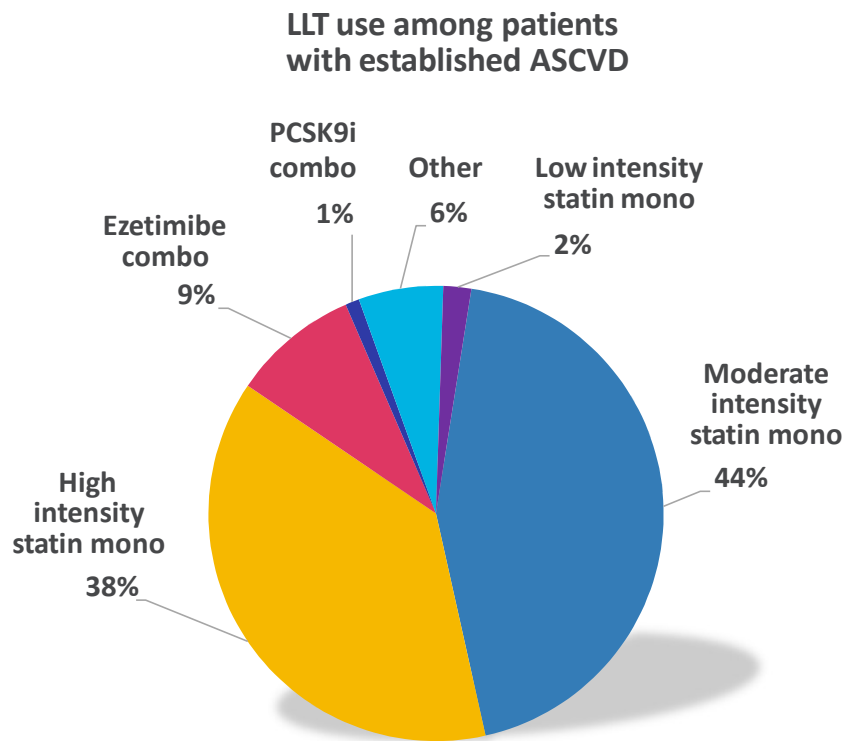
# GOULD: Getting to Low LDL-C Levels

Patients who achieved  
LDL-C levels  
< 70 mg/dL and < 55 mg/dL

Patients receiving PCSK9i  
who achieved LDL-C levels  
< 70 mg/dL and < 55 mg/dL



# DA VINCI: In Very High-Risk Patients with Established ASCVD, Goal Attainment was More Likely with Combination Therapy



**In very high-risk patients, 2019 goal attainment of 1.4 mmol/L (55 mg/dL) was approximately half that of 2016 (18% vs. 39%)**

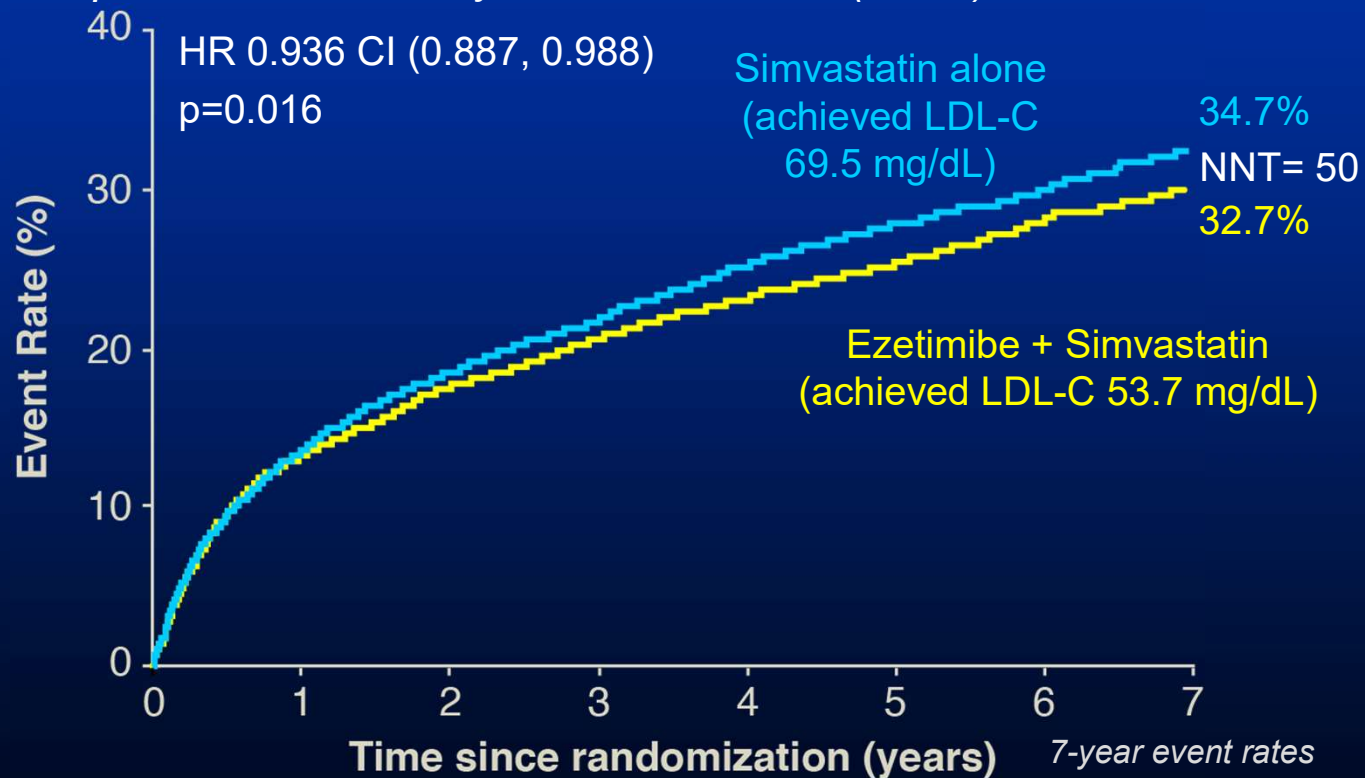
Pie chart shows % of patients receiving each LLT at LDL-C measurement. Bar chart shows % of patients achieving 2016 (solid bars) and 2019 (hashed bars) LDL-C goals. Combo, combination therapy; mono, monotherapy; LLT, lipid-lowering therapy.

Ray KK, et al. *European Journal of Preventive Cardiology* 2020 doi:10.1093/eurjpc/zwaa047

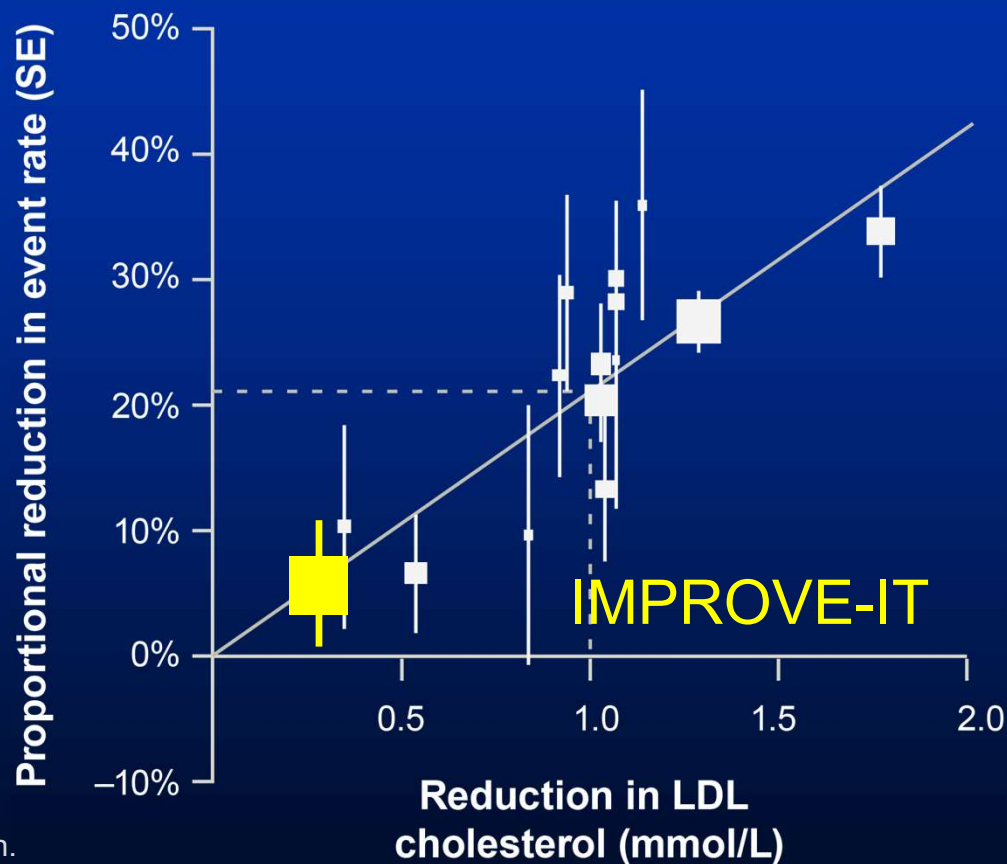
# Primary Endpoint — ITT



18,144 Patients stabilized post ACS  $\leq 10$  days  
Cardiovascular death, MI, documented unstable angina requiring rehospitalization, coronary revascularization ( $\geq 30$  d), or stroke



# IMPROVE-IT vs. CTT: Ezetimibe vs. Statin Benefit



CTT Collaboration.  
Lancet 2005; 366:1267-78;  
Lancet 2010;376:1670-81.

Using CTT methods: LDL difference between groups using baseline LDL for Pts without blood samples. Endpoint of CV Death, MI, stroke or revasc >30days post Rand. Cox HR reported.

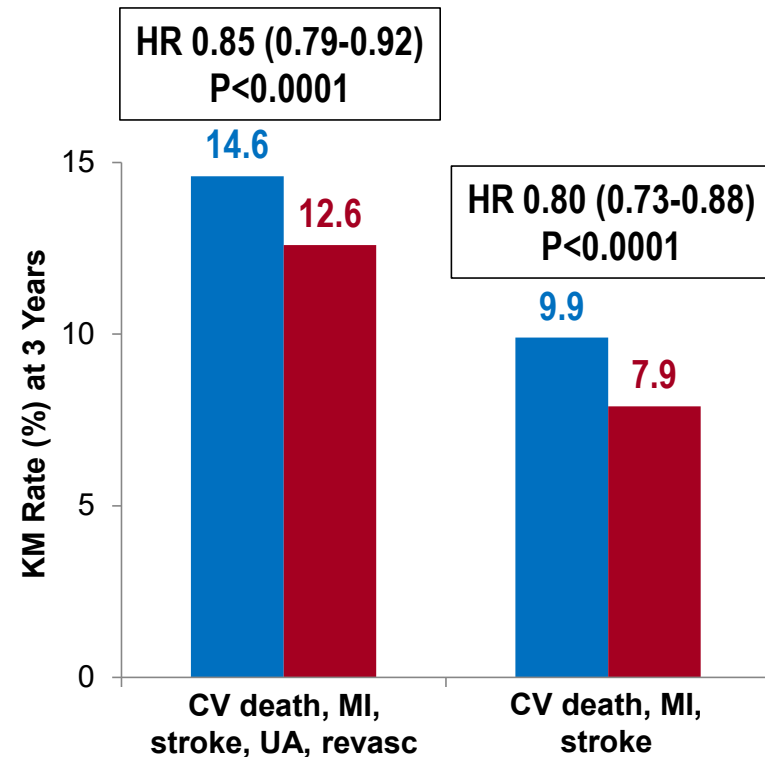
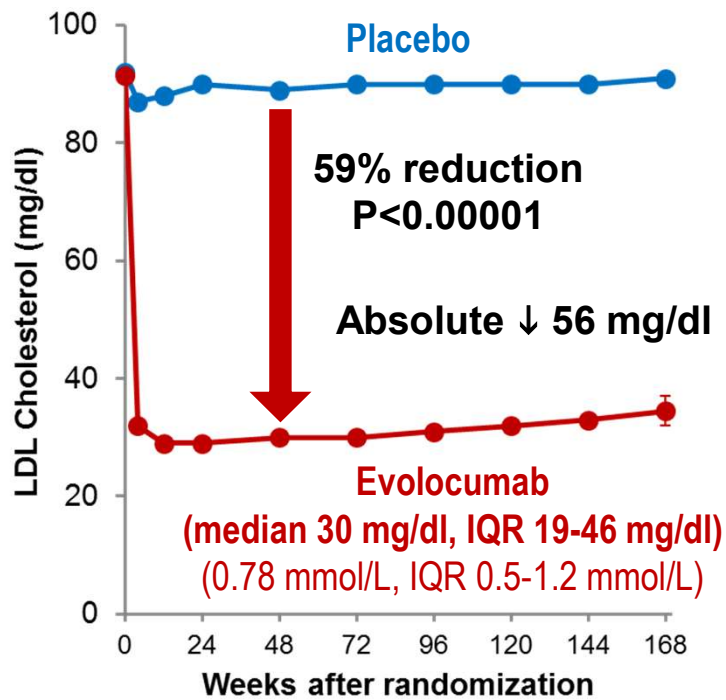




# Summary of Effects of PCSK9i with Evolocumab



27,564 Pts w/ prior MI, stroke or PAD on optimized statin therapy

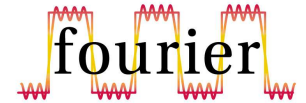


An Academic Research Organization of  
Brigham and Women's Hospital and Harvard Medical School

Sabatine MS et al. *NEJM*. 2017;376:1713-22.



# Acute Arterial Events



## Effect of evolocumab on acute arterial events across all vascular territories

(Acute coronary, cerebrovascular, or peripheral vascular events)

**First event:** ↓ **19%** HR 0.81 (95% CI 0.74-0.88) P<0.001

**Total events:** ↓ **24%** RR 0.76 (95% CI 0.69-0.85) P<0.001

### Acute coronary events

(CHD death, MI, or urgent coronary revascularization)

↓ **17%** (First event)

HR 0.83 (95% CI 0.75-0.91)

### Acute cerebrovascular events

(Ischemic stroke, TIA, or urgent cerebral revascularization)

↓ **23%** (First event)

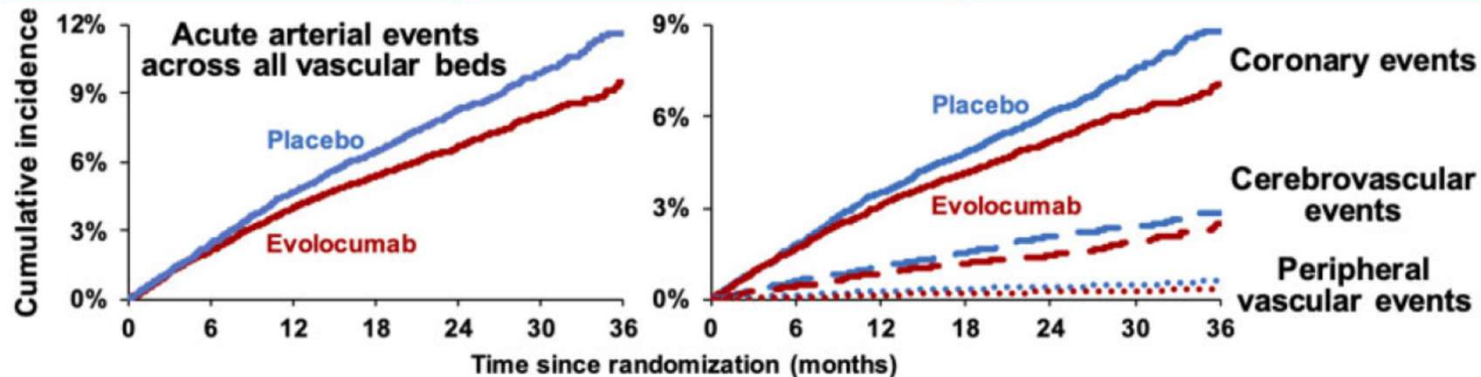
HR 0.77 (95% CI 0.65-0.92)

### Acute peripheral vascular events

(ALI, major amputation, or urgent peripheral revascularization)

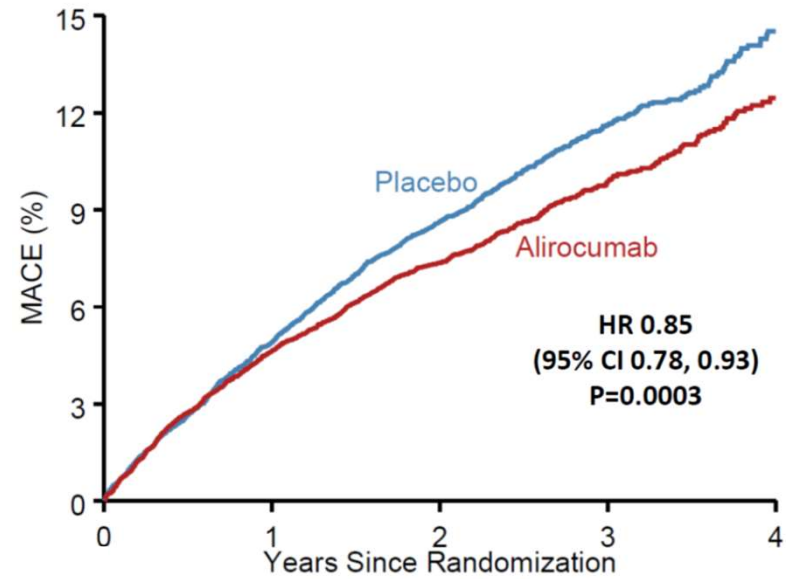
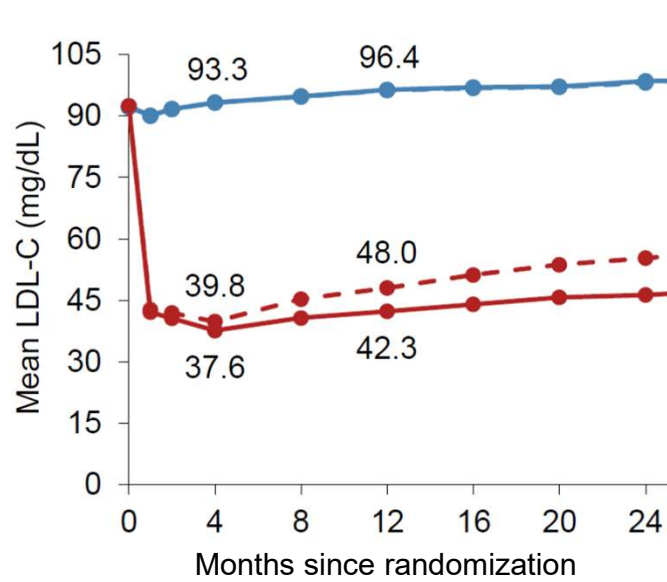
↓ **42%** (First event)

HR 0.58 (95% CI 0.38-0.88)







**18,924 patients with ACS 1-12 months earlier**





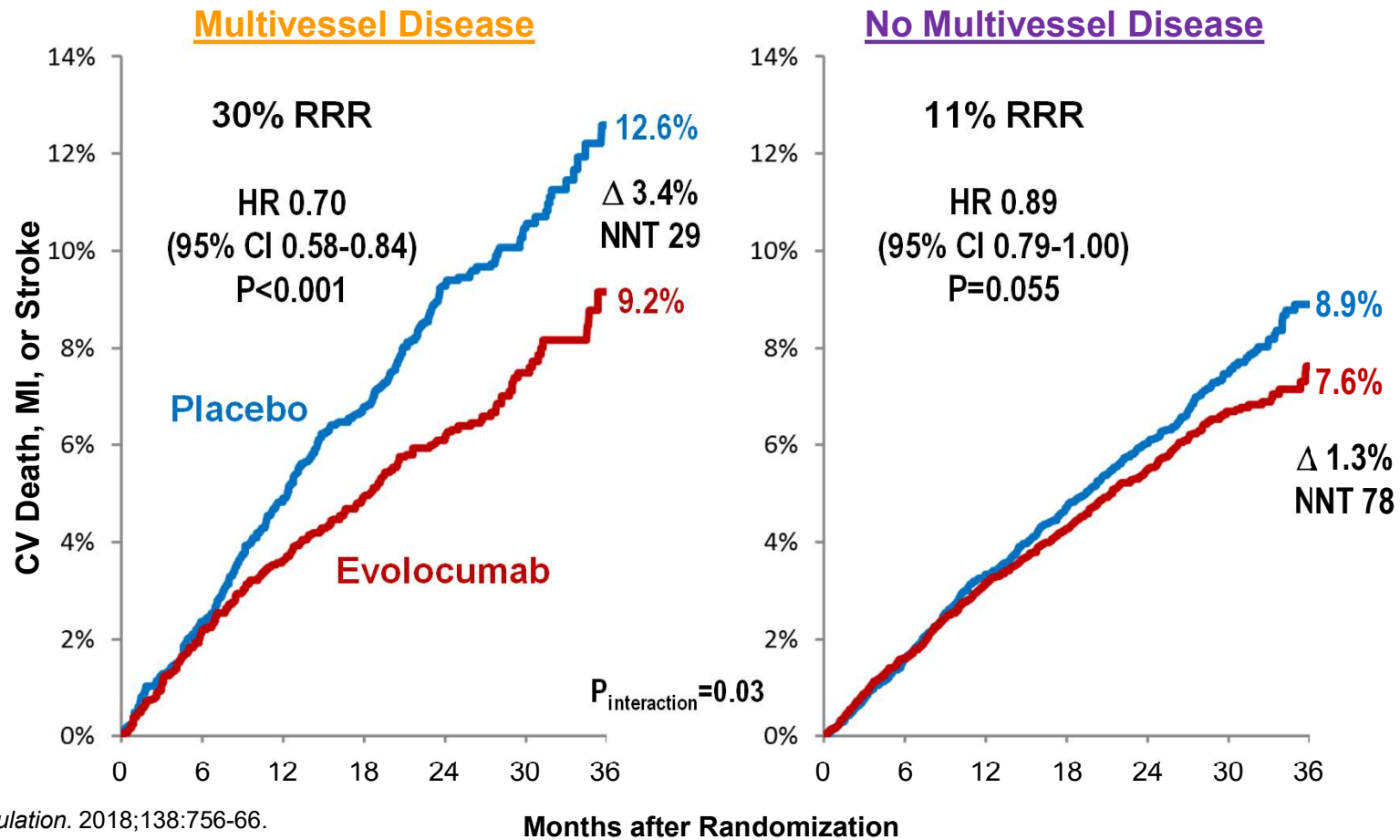
# Safety of PCSK9i mAb

				
	<b>Evolocumab (N=13,769)</b>	<b>Placebo (N=13,756)</b>	<b>Alirocumab (N=9451)</b>	<b>Placebo (N=9443)</b>
<b>Adverse events (%)</b>				
Any	<b>77.4</b>	<b>77.4</b>	<b>75.8</b>	<b>77.1</b>
Serious	<b>24.8</b>	<b>24.7</b>	<b>23.3</b>	<b>24.9</b>
Allergic reaction	<b>3.1</b>	<b>2.9</b>	<b>7.9</b>	<b>7.8</b>
Injection-site reaction	<b>2.1</b>	<b>1.6</b>	<b>3.8</b>	<b>2.1</b>
Led to d/c of study drug	<b>4.6</b>	<b>4.2</b>	<b>3.6</b>	<b>3.4</b>
Myositis	<b>0.7</b>	<b>0.7</b>	<b>0.5</b>	<b>0.5</b>
Elevated aminotransferases	<b>1.8</b>	<b>1.8</b>	<b>2.3</b>	<b>2.4</b>
Cataract	<b>1.7</b>	<b>1.8</b>	<b>1.3</b>	<b>1.4</b>
Diabetes (new-onset)	<b>8.1</b>	<b>7.7</b>	<b>9.6</b>	<b>10.1</b>
Neurocognitive	<b>1.6</b>	<b>1.5</b>	<b>1.5</b>	<b>1.8</b>

Sabatine MS et al. *NEJM* 2017;376:1713-22 & Schwartz GG et al. mAb, monoclonal antibodies  
*NEJM* 2018;379:2097-2107.



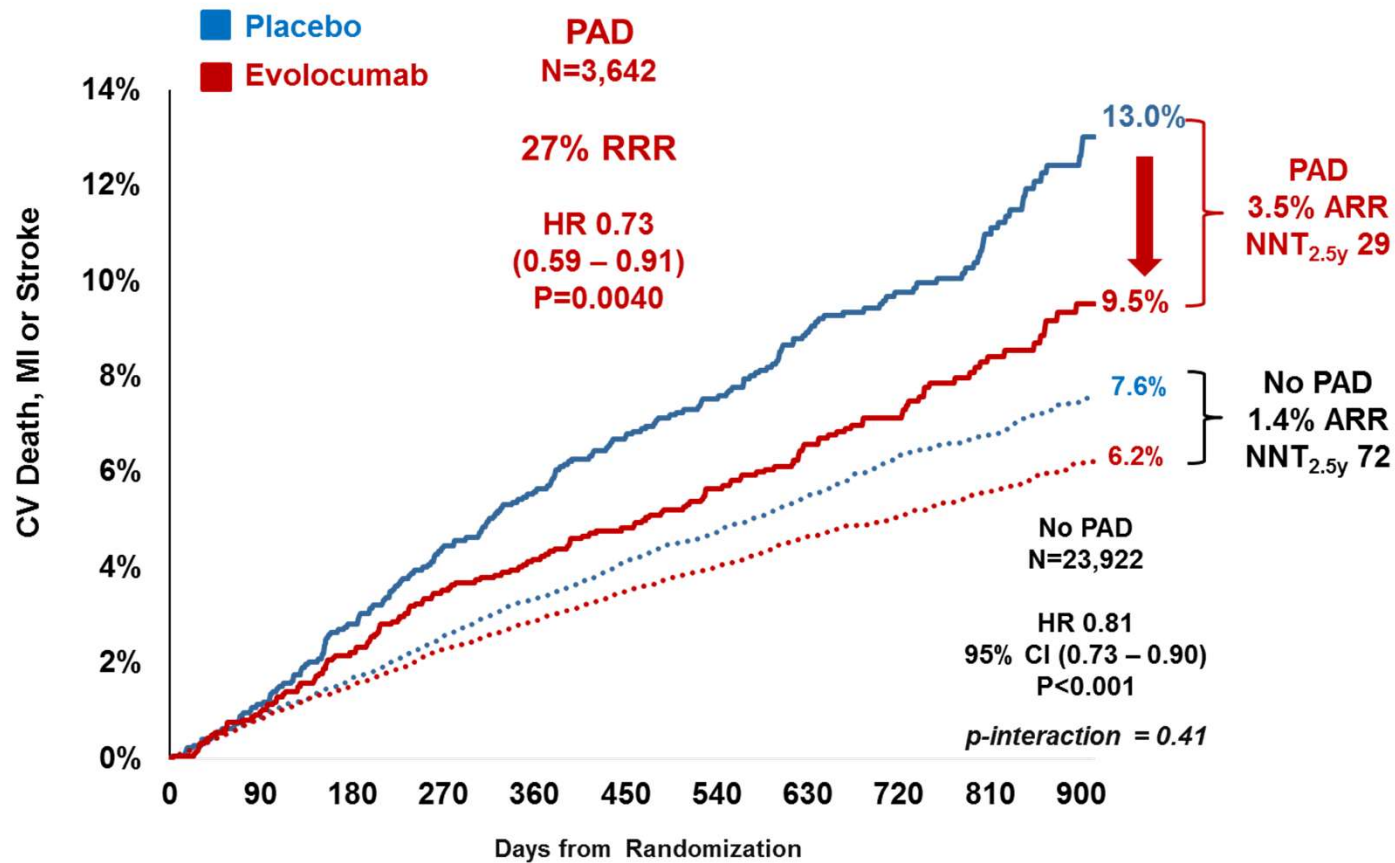
# Benefit of Evolocumab Based on Multivessel Disease



Sabatine M et al. *Circulation*. 2018;138:756-66.

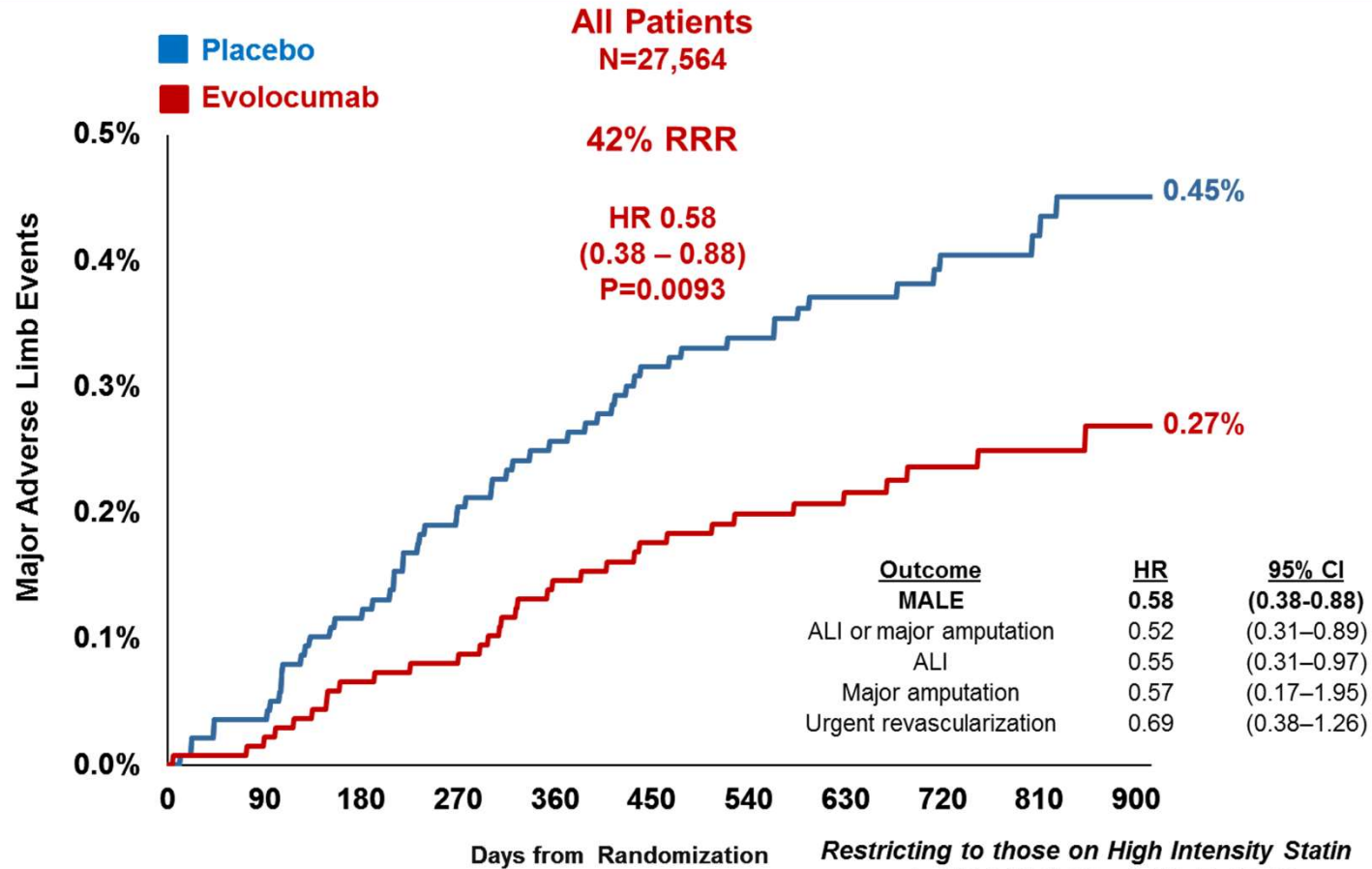


# CV Death, MI or Stroke in Patients w/ & w/o Peripheral Artery Disease





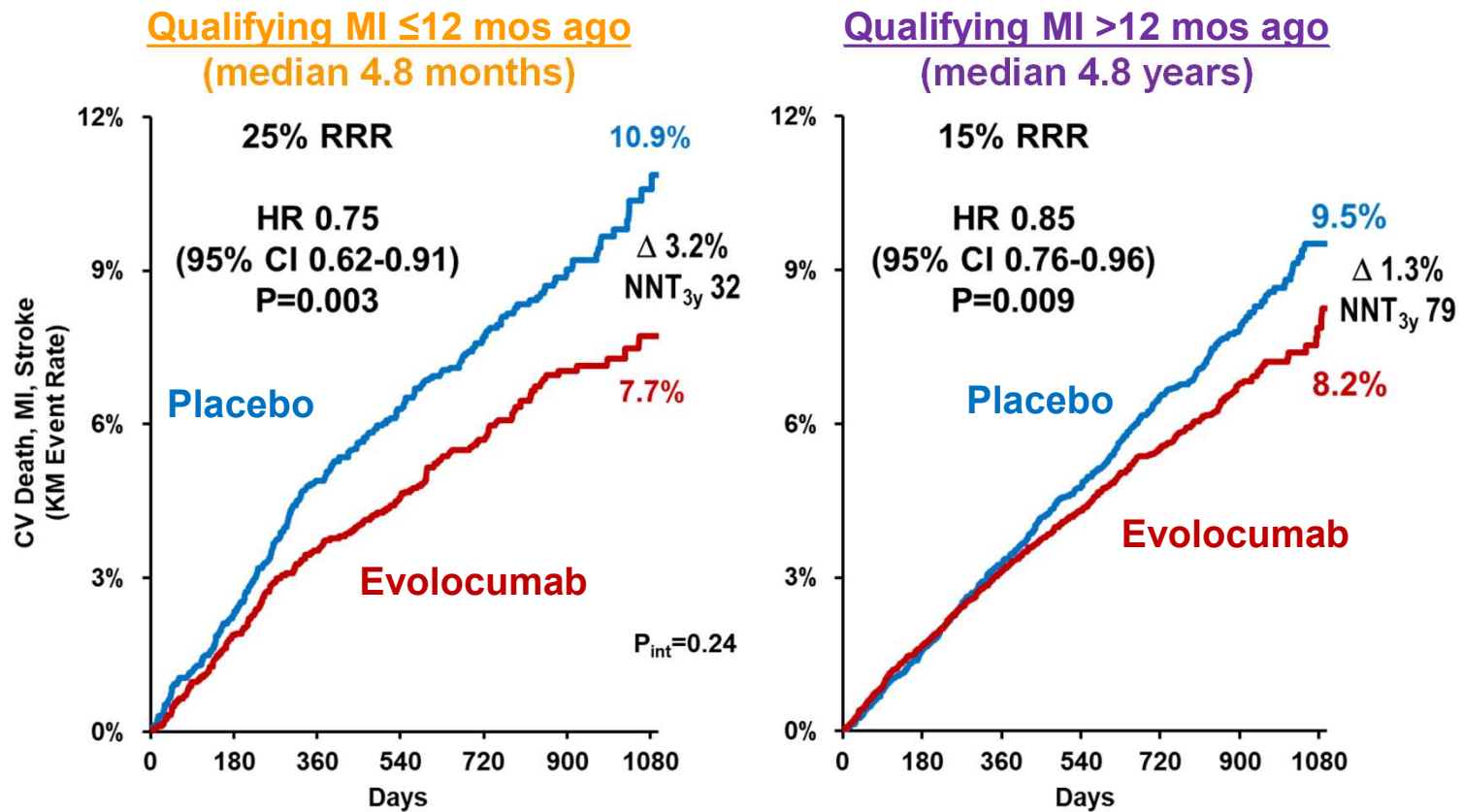
# Major Adverse Limb Events







# Benefit of Evolocumab Based on Time from Qualifying MI

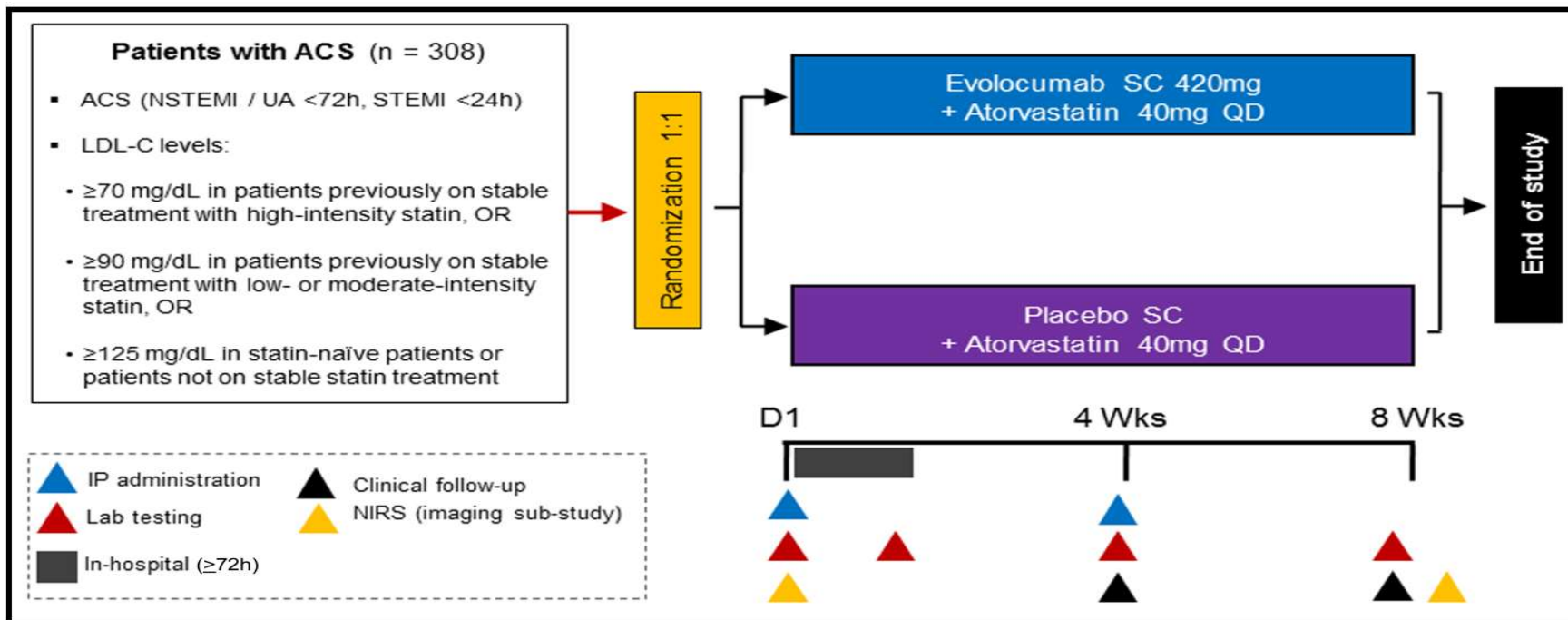




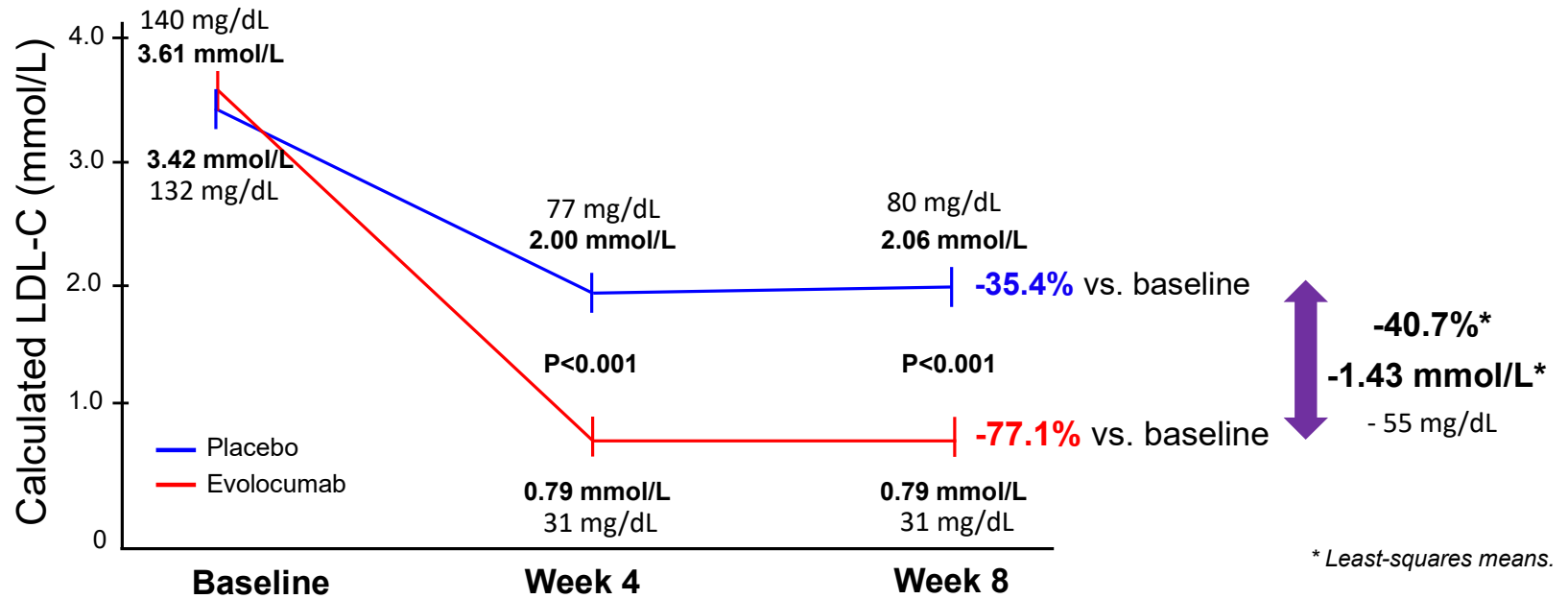
## TRIAL DESIGNS

**Design of the randomized, placebo-controlled evolocumab for early reduction of LDL-cholesterol levels in patients with acute coronary syndromes (EVOPACS) trial**

Konstantinos C. Koskinas<sup>1</sup> | Stephan Windecker<sup>1</sup> | Aliki Buhayer<sup>2</sup> | Baris Gencer<sup>3</sup> | Giovanni Pedrazzini<sup>4</sup> | Christian Mueller<sup>5</sup> | Stephan Cook<sup>6</sup> | Olivier Muller<sup>7</sup> | Christian M. Matter<sup>8</sup> | Lorenz Räber<sup>1</sup> | Dik Heg<sup>9</sup> | François Mach<sup>3</sup> | on behalf of the EVOPACS Investigators



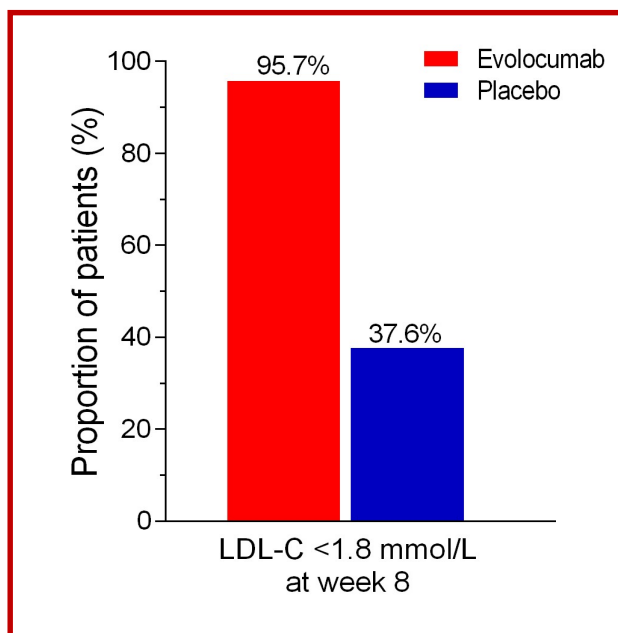
# Primary endpoint: % Change in LDL-C at 8 Weeks



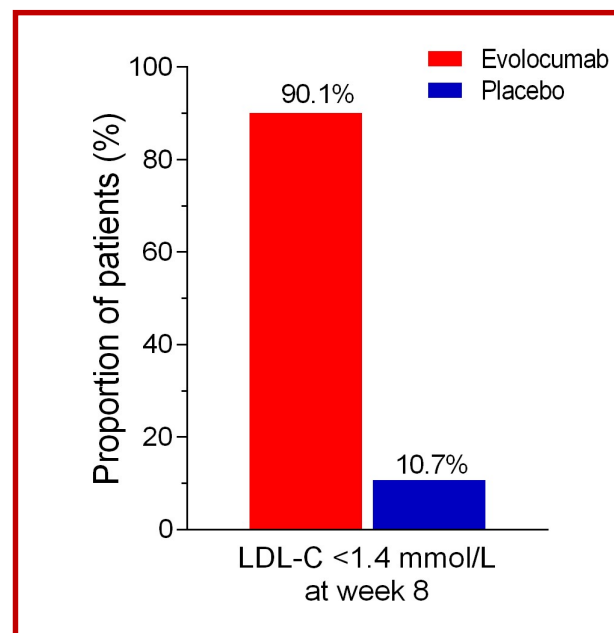
No of pts		Baseline	Week 4	Week 8
Placebo	148	144	149	
Evolocumab	146	136	141	

# Achievement of LDL-C Treatment Targets

LDL-C target <1.8 mmol/l  
(<70 mg/dl)

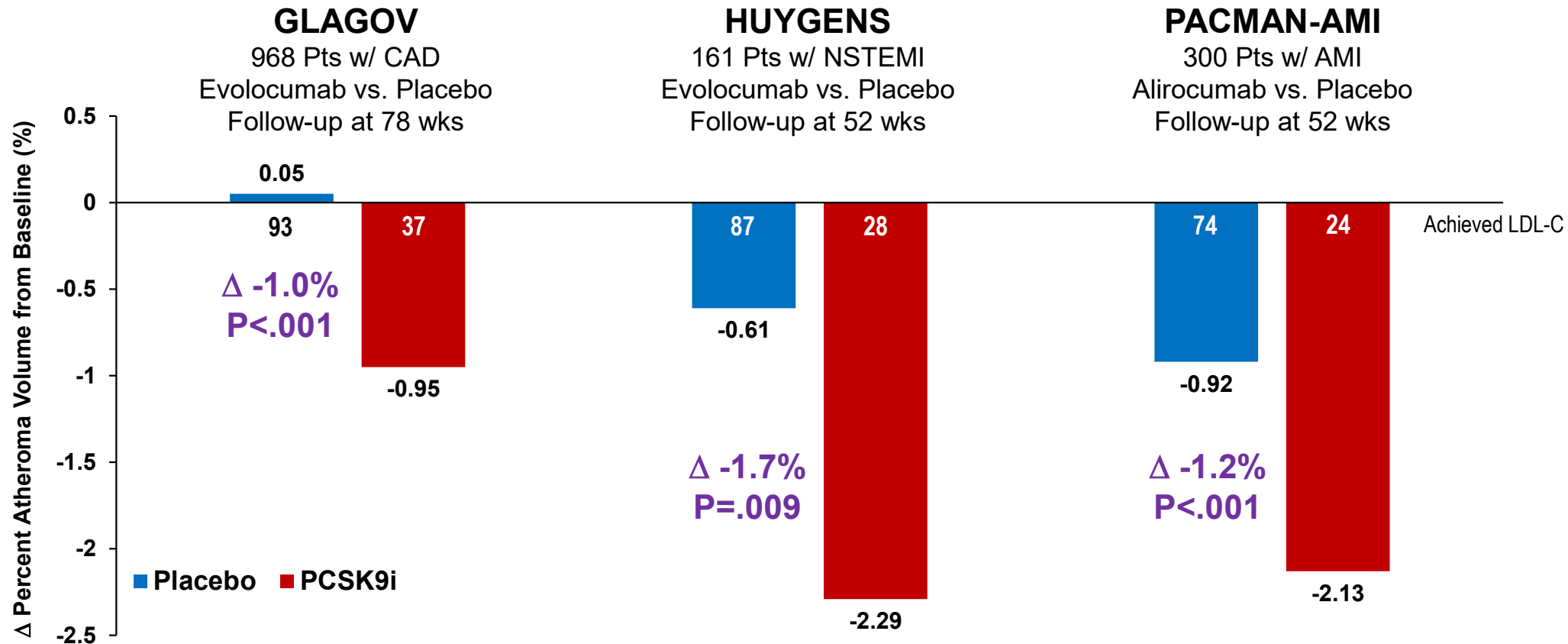


LDL-C target <1.4 mmol/l  
(<55 mg/dl)





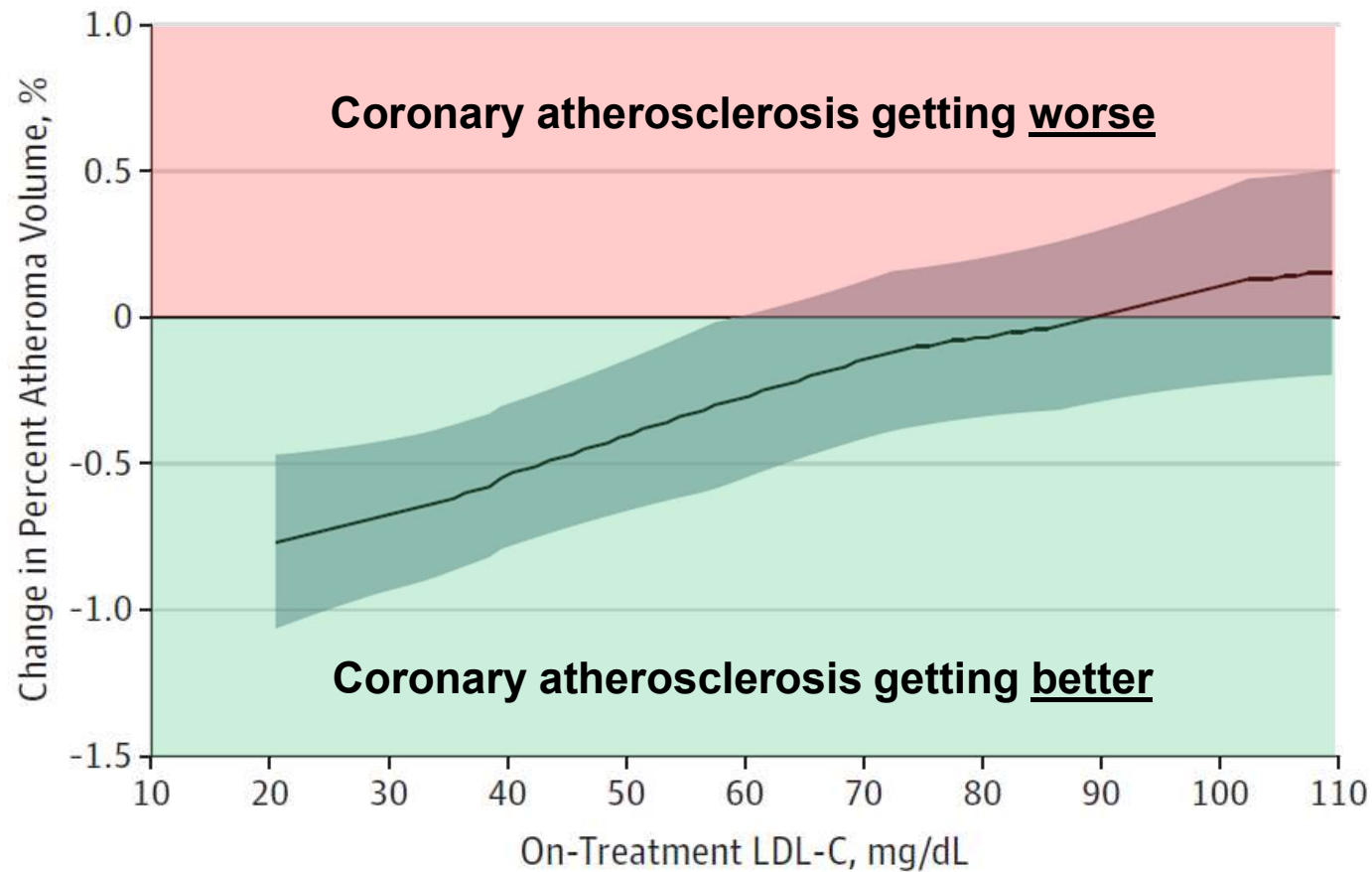
# PCSK9i and Plaque Atheroma Volume



Nicholls SJ et al. *JAMA* 2016;316:2373-84; Nicolls SJ et al. *JACC CV Imaging* 2022 Mar 16 (epub ahead of print); Raber L et al. *JAMA* 2022 April 3 (epub ahead of print).

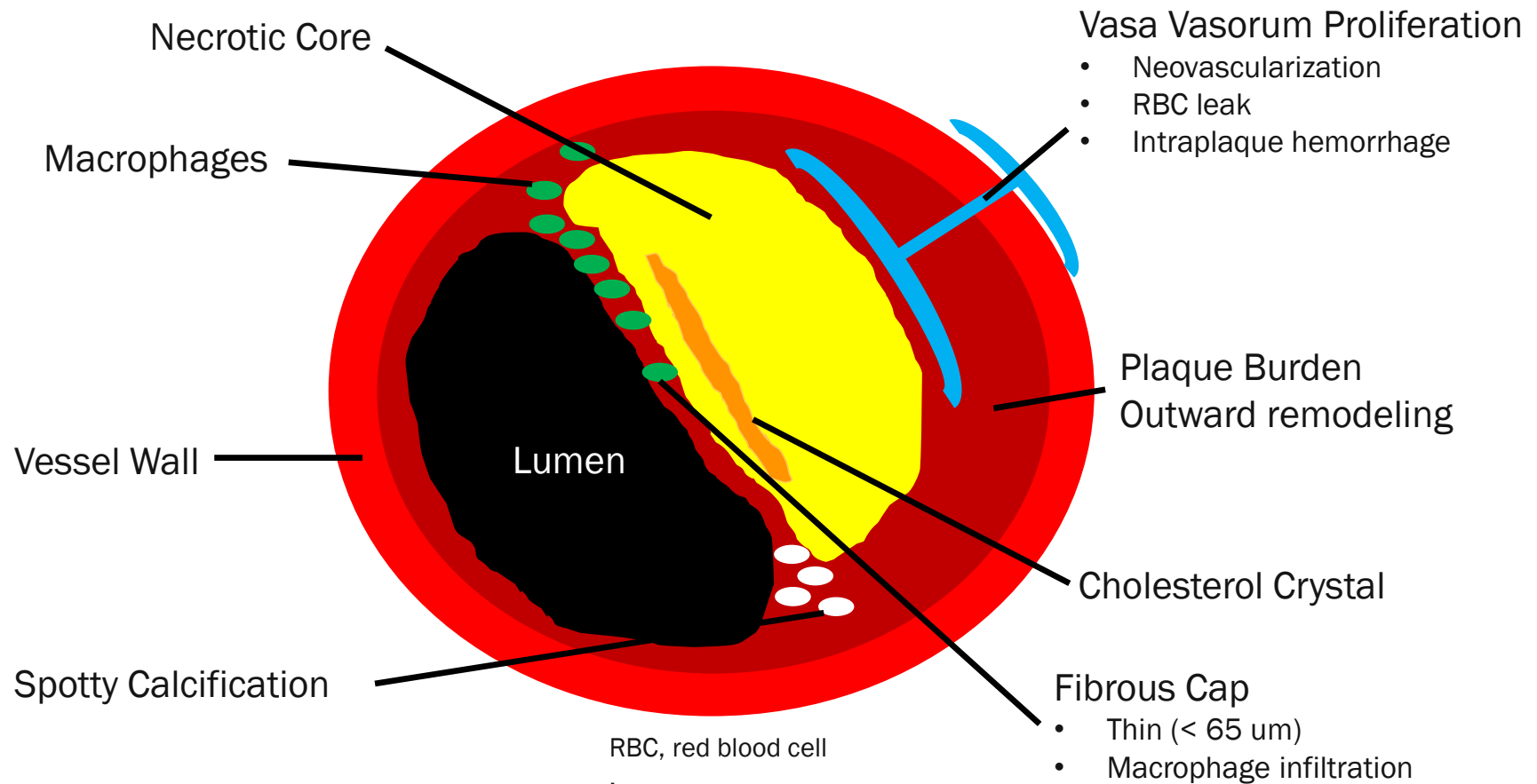


# LDL-C & Coronary Artery Plaque Size w/ PCSK9i



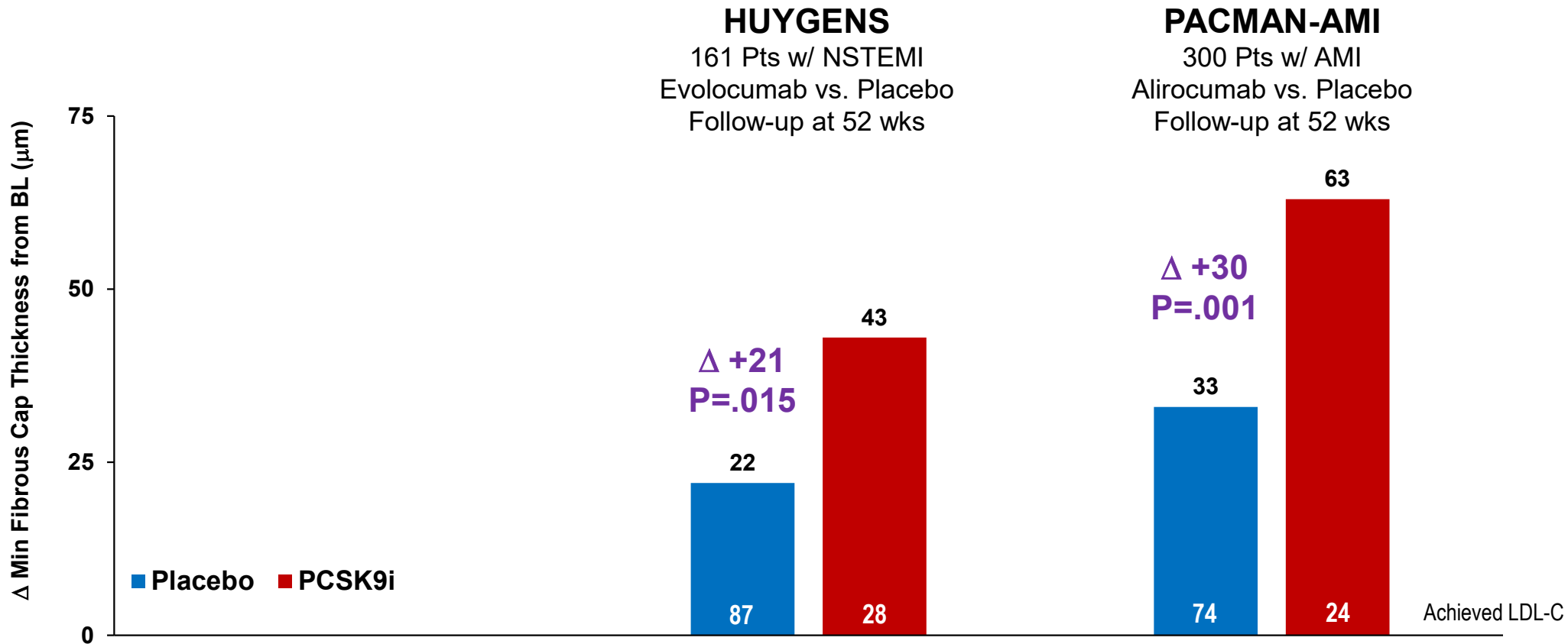


# Vulnerable Plaque





# PCSK9i and Minimum Fibrous Cap Thickness



Nicholls SJ et al. *JACC CV Imaging* 2022 Mar 16 (epub ahead of print);  
Raber L et al. *JAMA* 2022 April 3 (epub ahead of print).