#### **Endothelin-1 (ET-1) Production by the Kidney**



Modified from Kitamura K, et al. Biochem Biophys Res Commun. 1989;161(1):348-352. Kohan DE. Am J Physiol. 1991;261(2 Pt 2):F221-F226.

#### Pathophysiology of IgAN

- Proteinuria
- Angiotensin II/AT1

Renal ET-1/ETA AT-1 production



#### Endothelin-1

- Cell proliferation
- Apoptosis
- Inflammation
- Fibrosis

# **Overview of Renal ET-1 & Ang II Actions**



Modified from Komers R, Plotkin H. Am J Physiol Regul Integr Comp Physiol. 2016;310(10):R877-R884.

## **Diagnose Patients Earlier**

- Kidney biopsy required to diagnose IgAN or FSGS
- Rethink threshold for biopsy
- Make diagnosis as soon as possible
- Provide therapy at beginning of disease



# **Diagnosing IgAN & FSGS**

- Raise awareness
- Educate colleagues
  - Abnormal urine analysis
  - Abnormal serum creatinine
  - Elevation in blood pressure

#### Underlying kidney disease

# **Traditional Criteria for Kidney Biopsy**

- Proteinuria >1g/day
- Impaired kidney function
- End-organ damage, such as hypertension

Consider a biopsy with proteinuria >0.5g/day



#### **Oxford Classification: MEST-C Score**

Mesangial proliferation	Μ
Endocapillary hypercellularity	Е
Segmental glomerulosclerosis	S
Tubular interstitial inflammation and fibrosis	Т
Presence of crescents	С



#### **International IgAN Prediction Tool**

https://qxmd.com/calculate/calculator\_499/international-igan-prediction-tool-at-biopsy-adults

Calculat	or About	References	1 Estimated	GEP at bionsy	
Int biopsy - Ac Determine pro	<b>cernational IgAN Predi</b> dults ognosis in adults with IgA nephro	ction Tool at	Min value: 15	GFR at biopsy	ml/min/1.73m
Questions 1. Estimated 2. Systolic blo	<b>I GFR at biopsy</b> bod pressure at biopsy				
<ol> <li>Diastolicit</li> <li>Prot</li> <li>Age</li> <li>Race</li> <li>Use</li> <li>MES</li> </ol>	Input b of a 50% de	iopsy repor cline in eGI	rt data to p FR or ESRI	redict the risl D at time of b	k iopsy

https://qxmd.com/calculate/calculator\_499/international-igan-prediction-tool-at-biopsy-adults Barbour SJ, et al. *JAMA Intern Med.* 2019;179(7):942-952.

## **KDIGO: Classification of FSGS**





Kidney Disease: Improving Global Outcomes (KDIGO) Glomerular Diseases Work Group. Kidney Int. 2021;100(4S):S1-S276.

#### **FSGS: Kidney Biopsy for Underlying Cause**

Patient with FSGS lesion on kidney biopsy -

Primary podocytopathy in a soluble mediator

#### **Maladaptive response**

Biopsy features don't help with genetic causes

**Genetic panel** 

#### **KDIGO: Treatment of a Patient with IgAN**

Blood pressure control (125/75 mm Hg)

**Healthy weight** 

**Dietary sodium restriction** 

**Exercise regularly** 

Maximal tolerated dose of RAS inhibitor, whether or not hypertensive

**Reduce proteinuria** 



Address any cardiovascular risk factors

#### **PROTECT IgAN Study: Interim Analysis**

Adults with IgAN and persistent proteinuria (>1 g/day)



UPC, urine protein–creatinine ratio. Heerspink HJL, et al. *Lancet*. 2023;401(10388):1584-1594.

#### **FDA Gives Sparsentan Accelerated Approval**

"to reduce proteinuria in adults with primary IgAN at risk of rapid disease progression, generally a UPCR ≥1.5 g/g"

	Sparsentan (N = 202)	Irbesartan (N = 202)
Peripheral edema	14%	9%
Anemia	5%	2%
ALT or AST >3X ULN	2.5%	2%

# **DUPLEX FSGS Study**

- Proteinuria was reduced by 50% with sparsentan compared with 32% for irbesartan
- More patients achieved partial and complete proteinuria remission on sparsentan
- Final analysis is pending

No impact on PROTECT phase 3 data

## **Clinical Trials & Pediatric Patients**

#### • EPPIK Study (NCT05003986)

- Evaluating sparsentan
- Pediatric patients with IgAN, FSGS, Alport syndrome

