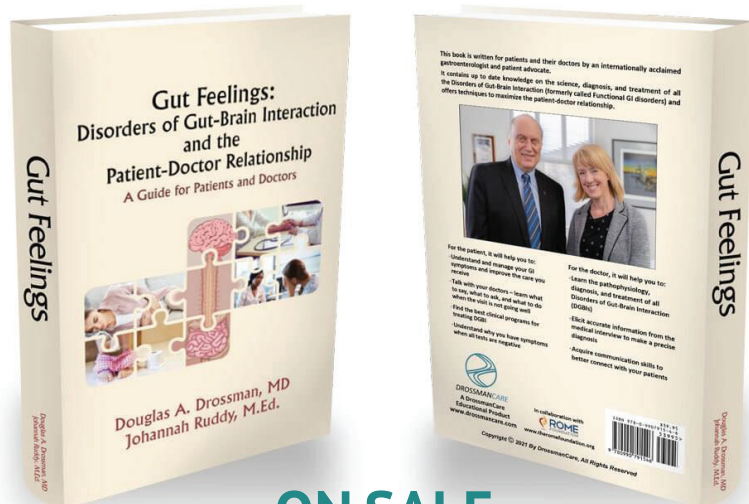


Gut Feelings:

Disorders of Gut-Brain Interaction and the Patient-Doctor Relationship
A Guide for Patients and Doctors by Douglas A. Drossman MD and Johannah Ruddy M.Ed.



ON SALE
DECEMBER 21, 2020

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To order: Scan QR code or Visit
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Delivery will begin December 21, 2020.



The book is endorsed by the Rome Foundation, an internationally recognized non-profit that promotes high-quality education for the DGBIs.



A groundbreaking book on the science, diagnosis, and treatment of the Disorders of Gut-Brain Interaction, formerly called Functional GI Disorders and the importance of effective communication skills for patients and their doctors.



Gut Feelings: Disorders of Gut-Brain Interaction (DGBIs) and the Patient-Doctor Relationship, was written as a collaboration by an internationally-acclaimed gastroenterologist and a patient advocate with one main goal: to improve the care of patients with DGBI.

GUT FEELINGS IS BROKEN DOWN INTO FOUR EASY-TO-READ SECTIONS

Part 1: A Conceptual Understanding of the History, Philosophy, and Scientific Basis for the Disorders of Gut-Brain Interaction

Part 2: The Disorders of Gut-Brain Interaction

Part 3: Maximizing the Patient-Doctor Relationship. This section provides key elements to optimize the patient-doctor relationship with self-management strategies to maximize their care.

Part 4: Information for the Doctor. This section is designed for the doctor and discusses aspects of shared responsibility and ways to use the book as a guide in working with patients.

The scientific explanations are presented in simple-to-understand terms, and many of the vital educational elements include the patient's perspective. There are also case histories and videos to bring to life the learning experience. Special features include a glossary to aid patients in understanding technical terms, beautiful illustrations, cartoons, and a resource page to find top-tier clinical programs that see patients with DGBIs.

For doctors, this book will help you to:

- Learn the pathophysiology, diagnosis, and treatment of all Disorders of Gut-Brain Interaction (DGBIs)
- Elicit accurate information from the medical interview to make a precise diagnosis
- Acquire communication skills to better connect with your patients
- Avoid burnout - get satisfaction and meaningfulness in the care you provide



"The concept of the separation of mind and body is dominant and pervasive in Western thinking. This has had profound negative effects on research, patient-care and the patient-physician relationship."

Douglas A. Drossman MD, Co-Author

"My care changed when I was able to honestly share my symptoms, thoughts and feelings with my doctor and knew that he was going to listen and try to help; that made me feel validated and empowered."

Johannah Ruddy, MEd, Co-Author

For patients looking for answers, this book will help you:

- Understand why you have symptoms when all tests are negative
- Learn to manage your GI symptoms and improve the care you receive
- Improve your communication with doctors - what to ask and what to do when the visit is not going well
- Learn the diagnosis and treatment of the adult DGBIs in a scientifically accurate easy to read format
- Find the best clinical programs for treating DGBI



Meet the Expert Authors



Douglas A. Drossman, MD

Dr. Drossman is trained in gastroenterology and psychiatry and is an internationally recognized scientist, clinician, and educator in DGBIs and communication skills training. He is the founder, former president, and currently COO of the Rome Foundation. He is Professor Emeritus of Medicine and Psychiatry in Gastroenterology from the University of North Carolina at Chapel Hill. He is also president of DrossmanCare, which develops workshops and training programs in communication skills, and he sees patients with complex DGBIs in his gastroenterology practice.



Johannah Ruddy M.ED.

Ms. Ruddy is a highly-recognized patient advocate with a background in education and management of non-profit health organizations. She is the executive director of the Rome Foundation and is on the Board of Directors of DrossmanCare. As Executive Director, she coordinates operations and educational programs. With DrossmanCare, she facilitates workshops in patient-centered care and is a simulated patient in videos on communication skills.



DrossmanCare is biopsychosocial care. Its mission is improving healthcare by establishing new global standard for patient provider communications. DrossmanCare works through a medical practice, an educational center, and an investor program.

In Collaboration With The



The Rome Foundation is an independent not for profit organization that provides support for activities designed to create scientific data and educational information to assist in the diagnosis and treatment of Disorders of Gut-Brain Interaction (DGBI). Our mission is to improve the lives of people with DGBI.