

TOTAL® Multifocal Contact Lens Fitting Guide

An **easy fit** in 2 steps



STEP 1: Initial Lens Fit

- **Start with a same-day spectacle Rx** for all new and refit patients.
- **Add +0.25D** to the most plus vertex-corrected, spherical equivalent Rx for each eye.
- Determine the **lowest acceptable ADD** for functional vision, then select the contact lens ADD (LO, MED, HI) using this chart.

ADD SELECTION	
Lowest Acceptable ADD	BOTH EYES
Up to +1.25D	LO
+1.50D to +2.00D	MED
+2.25D to +2.50D	HI

ALLOW FOR 5-10 MINUTES of real-world exposure (outside the exam room) before assessing visual performance.

DISTANCE

Have patient look at an object across the street



NEAR

Have patient read from their phone



STEP 2: Distance Over-Refracton

- **With both eyes open**, use hand-held lenses on each eye separately, by **adding plus in 0.25D steps** until the patient reports a decline in distance vision.
- Verify over-refraction **binocularly** by having the patient look at distance and near objects through the hand-held lenses.
- Keeping the ADD the same, apply new trial lenses based on the over-refraction results.

If the patient's vision is functional, dispense trial lenses for 5-7 days and schedule a **follow-up** visit.

*With two lenses or less, at the initial fitting visit.

Proven fit success¹⁻³ and TOTAL comfort⁴⁻⁷ for your presbyopic patients



The TOTAL® family of Multifocal contact lenses features the same fitting process.

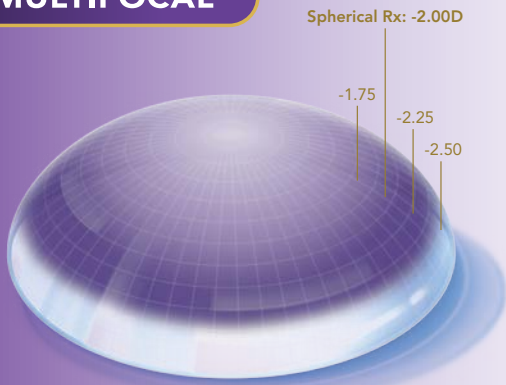
The first and only **Water Gradient MULTIFOCAL** contact lenses.

FEELS LIKE NOTHING⁸

**FEELS LIKE NOTHING,
EVEN AT DAY 30⁴**

IDEAL FOR PRESBYOPES WHO	Want outstanding comfort ^{4,7} and seamless vision at all distances. ^{3,9}	
MATERIAL	delefilcon A	lehfilcon A
REPLACEMENT SCHEDULE	Daily	Monthly
EXTRA FEATURES	SmarTears® Technology	CELLIGENT® Technology Light Properties of UV-Blocking* and Blue-Violet Light Reduction**
OPTICAL DESIGN	Proprietary PRECISION PROFILE™ Design	
POWER RANGE (diopter)	+6.00D to -10.00D (in 0.25D steps)	

MULTIFOCAL



THE INNOVATIVE PROVEN PRECISION PROFILE™ DESIGN¹⁰

96%
FIT SUCCESS^{1-3†}

In order to have a smooth power profile to minimize aberrations, this design continues to add minus power in the periphery of the optic zone.¹⁰

To compensate for the additional minus, these two steps from the fit guide will help maximize first fit success:

- 1.) Add +0.25D to the Rx for initial trial selection
- 2.) Always start distance over refraction by adding plus in +0.25D steps to maximize plus acceptance.

**Recommend the TOTAL® Multifocal contact lenses
that FEEL LIKE NOTHING.^{4,8}**

*UV-absorbing contact lenses are NOT substitutes for protective UV-absorbing eyewear, such as UV-absorbing goggles or sunglasses because they do not completely cover the eye and surrounding area. The patient should continue to use UV-absorbing eyewear as directed.

**There is no demonstrated clinical benefit from reduction in blue-violet light wavelength (380-450 nm).

†With two lenses or less, at the initial fitting visit.

References: 1. Merchea M, Evans D, Kannarr S, Miller J, Kaplan M, Nixon L. Assessing a modified fitting approach for improved multifocal contact lens fitting success. Paper presented at Optometry's Meeting, the 121st Congress of the American Optometric Association; June 20-24, 2018; Denver, CO. 2. Bauman E, Lemp J, Kern J. Material effect on multifocal contact lens fitting of lenses of the same optical design with the same fitting guide. Poster presented at: British Contact Lens Association Clinical Conference & Exhibition; June 9-11, 2017; Liverpool, UK. 3. Alcon data on file, 2022. 4. In a clinical study wherein patients used CLEAR CARE® solution for nightly cleaning, disinfecting, and storing; Alcon data on file, 2021. 5. Merchea M, Evans D, Kannarr S, et al. Patient and ECP Satisfaction in the United States with a Novel Water Gradient Daily Disposable Multifocal Contact Lens. Presented at the American Optometric Association Annual Meeting, June 20-24, 2018, Denver, CO. 6. Alcon data on file, 2017. 7. Alcon data on file, 2013. 8. Perez-Gomez I, Giles T. European survey of contact lens wearers and eye care professionals on satisfaction with a new water gradient daily disposable contact lens. *Clin Optom.* 2014;6:17-23. 9. Lemp J, Kern J. Alcon multifocal contact lenses for presbyopia correction. Paper presented at the Canadian Association of Optometrists Congress; June 28-30, 2017; Ottawa, ON. 10. Alcon data on file, 2016.

See product instructions for complete wear, care and safety information. only

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