



The COPD Foundation offers a variety of programs designed to help impacted individuals (patients, family members, and caregivers) and healthcare professionals learn about managing and living with COPD for the best possible quality of life.

Information and Tools for Healthcare Professionals

Chronic Obstructive Pulmonary Diseases: Journal of the COPD Foundation

is an open access, peer-reviewed scientific journal dedicated to publishing original research, reviews, and communications related to COPD.

www.journal.copdfoundation.org

PRAXIS Prevent and Reduce COPD Admissions through Expertise and Innovation Sharing is a unique initiative for healthcare providers, health systems administrators, and policy makers. Through PRAXIS, the Foundation shares ideas about how to improve COPD care across the health continuum and reduce preventable hospital readmissions. www.copdfoundation.org/PRAXIS

The COPD Pocket Consultant Guide (PCG)

is a laminated tri-fold, 4x6.5 inch card filled with information for healthcare professionals on how to diagnose and treat COPD. It includes a chart with all COPD-approved medications and is available in two versions: generic and trade name meds. www.copdfoundation.org/Learn-More/Educational-Materials-Resources/Downloads.aspx

The COPD Pocket Consultant Guide (PCG) app

has a wide range of validated tools and interactive features making this an essential component of best practice diagnosis, treatment and management of COPD. Includes an interactive therapy flowchart with the latest medications, inhaler instruction videos, depression and anxiety screeners, pulmonary referral checklist and more. A patient and caregiver track includes an interactive My COPD Action Plan, inhaler and exercise videos, prompts, reminders, and more.

This free app is available for download.

iOS: <https://tinyurl.com/y5fahsqg>

Android: <https://tinyurl.com/y47do5qm>

Information and Support for Impacted Individuals

COPD360social is a vibrant online community for individuals impacted by COPD. It is a place to share thoughts and ideas, ask questions, and communicate with peers as well as experts. We invite you to join our community or to just look around. www.copd360social.org

BronchandNTM360social is an online community for individuals impacted by bronchiectasis and/or NTM. It is a place to share thoughts and ideas, ask questions, start discussions, read and comment on blogs, and communicate with peers, experts, and community managers. www.bronchiectasisandntminitiative.org

The COPD Pocket Consultant Guide (PCG) app

patient and caregiver track includes: an interactive My COPD Action Plan and tracking calendar, COPD Assessment Test (CAT), inhaler and exercise videos, wallet card to store 28 essential health history components, "for my next visit" prompts, reminders, and more. *This free app is available for download.*

iOS: www.tinyurl.com/y5fahsqg

Android: www.tinyurl.com/y47do5qm

THE COPD Digest® is a free digital magazine with news and information on treatment and resources for COPD patients, healthcare providers, families, and caregivers. www.copdfoundation.org/COPD360social/Community/COPD-Digest.aspx

The COPD Foundation Website offers a wealth of information and support for individuals impacted by COPD (patients, family members, and caregivers) and healthcare professionals. You'll also find a calendar of events and access to COPD Foundation resources. Website visitors can sign up to receive updates from the Foundation via a newsletter and blog.

www.copdfoundation.org

Harmonicas for Health is the first nationwide harmonica program created especially for individuals with COPD and other chronic lung diseases. In this unique program, participants exercise the muscles that pull air in and push air out of the lungs, boost their self-confidence, relieve stress, socialize with others, and have fun.

www.harmonicas4health.org

Taking Action

COPD Patient-Powered Research Network (COPD PPRN)

is the largest patient-reported COPD registry ever assembled. It offers an opportunity to participate in survey-based research and is a way for those with COPD to learn about additional research opportunities. Thousands of individuals across the United States have joined, and we are now beginning to get a glimpse into the COPD patient experience with the information we have received. Operated and governed by groups of patients and their partners, the information is kept in a secure database to be used for research – ultimately leading to a deeper understanding of the disease. By joining the COPD PPRN, individuals can help by sharing health information and the impact the disease has on their lives. Learn more by going to

www.copdpprn.org

State Captains help make sure your voice is heard! They engage in outreach activities, educational events, and other efforts to advocate for more awareness, research, and treatment opportunities for individuals with COPD. www.copdfoundation.org/take-action/get-involved/state-captains or email statecaptains@copdfoundation.org.

Our mission:

To prevent and cure chronic obstructive pulmonary disease and to improve the lives of all people affected by COPD.

The COPD Foundation® is a not-for-profit organization established in 2004.

MAKE A DONATION



You can support the COPD Foundation by making a tax-deductible donation online, by mail or phone.

ONLINE

www.copdfoundation.org

Click on the "Donate Now" pinwheel on the top right of the page.

MAIL

Print and complete the mail donation form on the COPD Foundation website and send with your check or money order (no cash please) to: COPD Foundation / 3300 Ponce de Leon Blvd. / Miami, FL 33134

PHONE

Speak with a COPD Foundation Associate to make a credit card donation by calling: 1-866-731-COPD (2673).