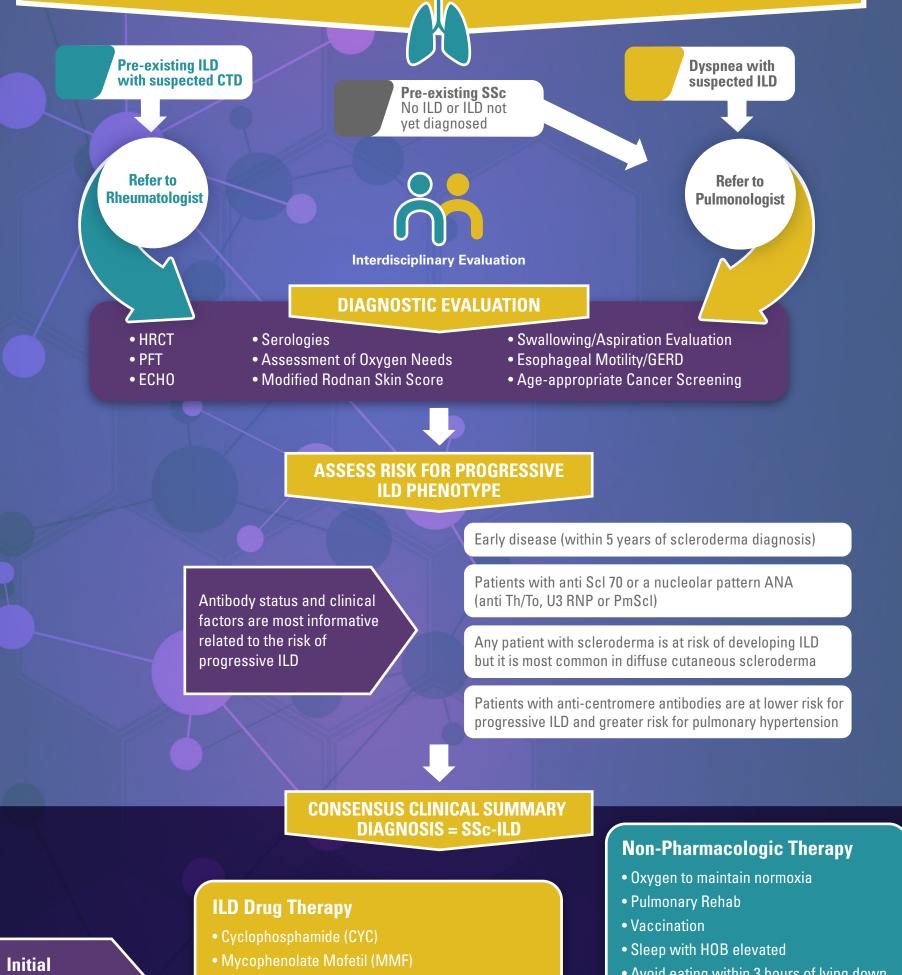
DIAGNOSIS AND LONGITUDINAL MANAGEMENT OF SYSTEMIC SCLEROSIS INTERSTITIAL LUNG DISEASE (SSc-ILD)



- alternatives to CYC and MMF
- Avoid eating within 3 hours of lying down
- Aggressive reflux management

Drug Therapy for Non-ILD manifestations of SSc

Surveillance

Therapeutic

Strategies

Q 3-6 month assessment for therapeutic response and longitudinal management

• Spirometry

- DLCO
- 6MWT
- Annual Echo
- Skin Exam
- Vascular Assessment
- HRCT if concerned about progression and/or worsening symptoms
- Consider alternative therapies and organ transplantation for progressive unresponsive disease
- Consider age-appropriate cancer screening
- CT every 1-2 years to monitor malignancy

National Jewish Health

Breathing Science is Life.

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